

Moments worth Celebrating

Tenant Birthdays

9/1 Wanda R.
9/11 Carole H.
9/12 Carol W.
9/15 Mildred S.
9/21 Shirley M.

9/23 Max N.
9/24 Larry B.
9/26 Mary M.
9/26 Linda M.
9/29 Helen B.

9/29 Karen G
9/29 Mary K.
9/29 Barb. M



LET'S
CELEBRATE



Staff Birthdays

9/7 Brendan C.
9/10 Denise P.
9/13 Ladainian C.

9/15 Jess Caputo
9/28 Brett T.
9/30 Abby R.

Staff Anniversaries

9/7 Melinda H. 5 years

Tenant Anniversaries

9/27 Meg D. 8 years
9/29 Marianne M. 5 years



Life Choices: It's all about Living

September is rolling in like a fresh breeze through Summit Pointe-cool mornings, cozy vibes and a whole lot of excitement because Assisted Living Week is here. Get ready for themed days, big laughs and the kind of joy that reminds us why this community is truly something special. This is our chance to spotlight the heart of our community: the tenants who make every day meaningful and the staff who bring energy, compassion, and a whole lot of personality to everything they do.

We've packed the week with activities that are equal parts fun and heartfelt-think creative themes, unexpected surprises, and moments that remind us why Summit Pointe feels like home. If you hear extra laughter down the halls, just know it's all part of the plan.

And speaking of special, We're thrilled to welcome Jennifer Flitsch, our new Culinary Director. She's already stirring up excitement (and maybe a few cravings) with her fresh ideas, warm leadership style and a passion for making mealtime something tenants genuinely look forward to. Expect menus with flair, flavors that spark joy and a dining experience that feels both comforting and elevated. September is shaping up to be a month of celebration, connection and delicious moments. Let's enjoy every bit of it together!

Your Leadership Team

The Summit Pointe Family is intentionally enhancing the lives of everyone.

Summit Pointe Health Corner

Stepping Into September: Simple Ways to Stay Active and Healthy as the Seasons Change

September brings cooler breezes, changing leaves, and a fresh opportunity to focus on our well-being. As autumn approaches, aligning daily habits with the season helps maintain mobility, boost immunity, and support overall health.

1. Stay Steady: Fall Prevention & Safe Footwear Autumn leaves and damp pathways can create subtle slipping hazards. Protecting your balance starts from the ground up:

Choose the Right Shoes: Wear supportive, closed-toe shoes with non-skid rubber soles both indoors and outdoors. Avoid smooth-soled slippers, backless shoes, or walking in socks.

Watch Your Step: Wet leaves, acorns, and uneven sidewalks can be surprisingly slick. Take shorter, deliberate strides when navigating outdoor paths.

Clear the Way: Keep living spaces and walkways well-lit and free of clutter or loose throw rugs to prevent trips inside the home.

2. Embrace Crisp Morning Walks Cooler weather makes outdoor exercise far more comfortable than in the heat of summer. Daily walking strengthens joints, boosts cardiovascular health, and releases mood-lifting endorphins. Aim for 20 to 30 minutes during mid-morning when temperatures are mild and paths are clear.

3. Fuel Up with Seasonal Produce September harvests offer nutrient-dense fruits and vegetables that support immune health ahead of cold and flu season:
Apples and Pears: High in soluble fiber to aid digestion and manage cholesterol.
Squash and Pumpkins: Rich in beta-carotene and Vitamin A for vision and immune defence.

Dark Leafy Greens: Packed with calcium, magnesium, and Vitamin K for bone strength.

4. Schedule Seasonal Wellness Check-ups Early autumn is the ideal time to prep for flu season. Consult with the wellness staff or primary care physician to stay up to date on annual vaccinations, including the flu shot and RSV boosters, ensuring a safe and resilient winter ahead.

Summit Pointe game day reminders!



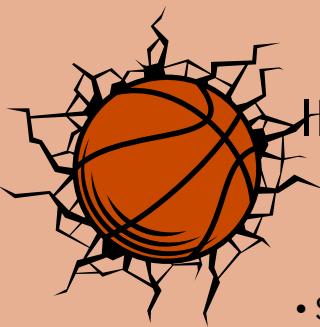
Wear Your Black & Gold: Show your Hawkeye pride on game days!

Sat, Sept 5 vs. Northern Illinois HuskiesKinnick Stadium (Home)**3:15 PM**

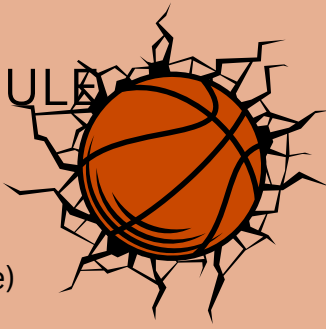
Sat, Sept 12 vs. Iowa State Cyclones (Cy-Hawk Game)Kinnick Stadium (Home)**6:30PM**

Sat,Sept 19 vs. Northern Iowa PanthersKinnick Stadium (Home)**3:00 PM**

Sat, Sept 26 at Michigan WolverinesMichigan Stadium (Away)**TBD**



INDIANA FEVER - SEPTEMBER SCHEDULE



- Fri, Sept 18 | at Toronto Tempo | 6:30 PM CT
- Sun, Sept 20 | vs. Washington Mystics | 3:00 PM CT (Home)
- Tue, Sept 22 | vs. Minnesota Lynx | 7:00 PM CT (Home)
- Thu, Sept 24 | at Minnesota Lynx | 7:00 PM CT (Away - Regular Season Finale)

--- CHICAGO CUBS BASEBALL ---

- Tue, Sept 1 | vs. Milwaukee | 6:40 PM (Home)
- Wed, Sept 2 | vs. Milwaukee | 6:40 PM (Home)
- Thu, Sept 3 | vs. Milwaukee | 6:15 PM (Home)
- Fri, Sept 4 | at Miami | 6:10 PM (Away)
- Sat, Sept 5 | at Miami | 3:10 PM (Away)
- Sun, Sept 6 | at Miami | 12:40 PM (Away)
- Mon, Sept 7 | at Milwaukee | 1:10 PM (Away)
- Tue, Sept 8 | at Milwaukee | 6:40 PM (Away)
- Wed, Sept 9 | at Milwaukee | 6:40 PM (Away)
- Fri, Sept 11 | vs. Pittsburgh | 1:20 PM (Home)
- Sat, Sept 12 | vs. Pittsburgh | 1:20 PM (Home)
- Sun, Sept 13 | vs. Pittsburgh | 1:20 PM (Home)



- Mon, Sept 14 | vs. Atlanta | 6:40 PM (Home)
- Tue, Sept 15 | vs. Atlanta | 6:40 PM (Home)
- Wed, Sept 16 | vs. Atlanta | 6:40 PM (Home)
- Fri, Sept 18 | at Cincinnati | 5:40 PM (Away)
- Sat, Sept 19 | at Cincinnati | 5:40 PM (Away)
- Sun, Sept 20 | at Cincinnati | 12:40 PM (Away)
- Tue, Sept 22 | vs. Miami | 6:40 PM (Home)
- Wed, Sept 23 | vs. Miami | 6:40 PM (Home)
- Thu, Sept 24 | vs. Miami | 1:20 PM (Home - Final Home Game)
- Fri, Sept 25 | at Boston | 5:10 PM (Away)
- Sat, Sept 26 | at Boston | 5:15 PM (Away)
- Sun, Sept 27 | at Boston | 1:05 PM (Away - Regular Season Finale)

“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.” Matthew 11:28-30

Recently, I have felt so busy, so overtaken by my packed schedule and the world. I have been desiring time to rest my body, my mind, and my soul, and seeking that rest any way I can. God has shown me this week that I have been looking for rest in all the wrong places-- enough physical sleep each night, time to myself without my toddlers, date nights with my husband, a new creative outlet. The list goes on. Despite searching and searching for the feeling of rest I've been looking for, I haven't been able to find it quite yet.

Jesus says, “come to me.” He wants us to sit at His feet. Take His yoke upon our shoulders. Accept the rest He has for our souls. He doesn't tell us to come to Him after we've gotten 8 hours of consecutive sleep, or after we no longer feel burdened by the things of this world. He just tells us to come to Him. Jesus is rest. We cannot find true rest apart from Him. Every attempt to find rest outside of the Author of rest itself will leave us empty-handed and longing for more. I know I need to sit at the feet of Jesus this week and find rest in Him. Do you need to do the same?



For September we have some exciting themes throughout the month. Some of them include End of Summer Festival, Gratitude and Giving Week, Assisted Living Week, Harvest Celebration Week and Autumn Adventure.

Some fun events we will have during end of summer festival week include boat racing, water ballon painting and bird watching. For gratitude and giving week we will make Chex mix. We will bag it up and take it to the local fire station.

For Assisted living week we have a lot of fun stuff planned: Sunday 9/13 we will have a lion dancer show with egg rolls. Monday 9/14 Grind coffee truck will be here from 8:30-10:30am on the front patio. We will have Big Wheel Pizza here from 11:30-1pm. We will also have and euchre tournament at 2:15pm. Tuesday 9/15 we will make tea party hats in the morning. Then in the afternoon we will have the Lala ladies here at 1pm. Then at 2pm in the dining room we will have a large tea party. Wednesday 9/16 we will have 319 Drink company here from 1pm-3pm. They make lemonade and dirty sodas. Then in the afternoon we will have Mexican food catered with a mariachi band from 4:30pm-5:30pm. Then at 6pm we will have a Fuezas Youth Group Dance out from on the Patio.

Thursday 9/17 will be our large, assisted living celebration. We will have a casino night out front. We will have several casino tables run by professionals, bingo outside, and live music. Casino night will be from 5pm-7pm. At 1pm in the afternoon we will have Tj the magician back for a show.

Friday 9/18 From 10am-1pm we will have a charm bar/key chain bar. From 12:30pm-2pm we will have the ice cream truck. Saturday 9/19 we will have the Aloha fire dancers back with treats. The performance will be in the afternoon. Some other fun things we will do during September include having our last lemonade bar, caramel apple bar, drinks on the patio, Oktoberfest, and an apple cider and hot cocoa bar. For musical memories we will cover September songs, The Beach Boys, and Simon & Garfunkel. Floyd Sanford will cover Saving Cultural Heritage on 9/29.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Room Key: BP=Back Patio CH= Club House DR=Dining Room BW=Brentwood Dining Room FF=Front Foyer FL=Fireside lounge FP=Front Patio L=Library ML=Memory Lane PDR=Private Dining Room SR= Sewing Room ER=Exercise Room Sign up needed Independent Activities		End of Summer Festival 8:45 Depart Aldi-FF 10:15 Learning Euchre Beginners/Pro's-L 10:30 Live 2b Healthy-FL 12:30pm Depart: Boat Racing-FF 2 Marcie Memorables: Coco Channel-FL 2 Sparkle & Shine Diamond Dots-L 3:15 Penny Bingo-FL 4:30-5:15 The Social Sipper Club-FP	End of Summer Festival Podiatrist 1pm-3pm 9am Making Gourmet Coffees-FL 10-11 Marion Library Book Mobile-FF 10:15 Learning Euchre Beginners/Pro's-L 12:30 pm Sole Sister & Misters- FF 1:00 Getting to know the Calander-L 1:30pm Catholic Communion- L 2:30 Circle of Friends: Lemonade Bar on the Back Patio 2:00pm Dominoes-CH 3:30pm MAC Fitness-FL 4:15-5:15 Cozy Connections on the Front Patio	End of Summer Festival 9am Depart: The Grand Resale 9:15 Bible study w/ Steve-FL 10:30 MAC Fitness-FL 1:00 Waterballoon Painting-BP 2:45 Musical Memories: September Songs-FL 4:15-5:15 Music with Mocktails & Cocktails on the Front Patio-FP 6:15 Penny Bingo-FL	End of Summer Festival 9:15 Back2nature: Depart: Bird Watching-FF 10:30 Live 2b healthy-FL 12:30pm Sole Sisters & Misters-FF 1 Afternoon Glue Crew-FL 1 Dominoes-CH 2 Happy Hour with Terry McCauley-FL 6 500-L	End of Summer Festival 9am Putting Together Leaf Books-FL 10am Golf the card game-L 10:15 Workout with Darrell-FL 1pm Farewell to Summer Social-BP 2pm Dominoes-CH 2pm Candy Bar Bingo-ML 2:45pm Hawkeye Tailgate Party-FL 4:15-5pm Sip & Stories-FF 5:30 Saturday Screener: - FL 6pm Kings on corner-L
Gratitude & Giving Week 9am St. Joseph's Catholic Mass-FL 10am Dominoes-CH 10:30 Presbyterian Service-FL 1:30 Penny Bingo-FL 2:45pm Gratitude Story Circle-L 3 Non-denominational Church Service-FL 4:15-5:15 Sunset Stories with Friends-FP	Gratitude & Giving Week 9am Rosary-L 9:15am Making Chex Mix and Cards for First Responders-FL 10:30 Learning Euchre Beginners/Pro's-L 12:30pm Sole sister & mister walk-a-thon-FF 1:00 Bag Chex Mix for First Responders-FL 2 Dominoes-CH 1:45Depart: Delivering Treats to First Responders-FF 3:30 MAC Fitness-FL 4:15-5:15pm Mingle at Mealtime-FP 5:30 Monday Matinee-FL 6 Cribbage-L	Gratitude & Giving Week 8:45 Depart Dollar Tree-FF 9 Gratitude Walk-FF 10:15Learning Euchre Beginners/Pro's-L 10:30 Live 2b Healthy-FL 10:45 Depart: Lunch Bunch: Napoli's-FF 1 Thankful Toss-BP 2 Making a Gratitude Tree-FL 2 Sparkle & Shine Diamond Dots-L 3pm Penny Bingo-FL 4:30-5:15 The Social Sipper Club-FP	Gratiutde & Giving Week 9:30am Christian Worship-ML 10-11Marion Library Book Mobile-FF 12:30 pm Sole Sister & Misters- FF 12:30pm Nail It! Nail Care For All!-Salon 12:45 Bookworms Open House- L 1:30 Learning Euchre Beginners/Pro's-L 1:30pm Catholic Communion- L 2:45Circle of Friends:Caramel Apple Bar-FL 2:00pm Dominoes-CH 3:30pm MAC Fitness-FL 4:15-5:15 Cozy Connections on the Front Patio 6:00pm Symphonettes -FL	Gratitude & Giving Week 9am Depart: Target-FF 9:15 Bible study w/ Steve-FL 10:30 MAC Fitness-FL 1:30pmTech Made Easy w/ CJ:Helping with Spam Calls on iPhone & Android-FL 2:45 Musical Memories: Beach Boys-FL 4:15-5:15 Music with Mocktails & Cocktails on the Front Patio-FP 6:15 Penny Bingo-FL 6:30pm Depart: Paramount Community Concert *Ticket Holder Event Only*-FF	Gratitude & Giving Week 9:15 Remembering 9/11 25 year Anniversary-FL 10:30 Live 2b healthy-FL 12:30pm Sole Sisters & Misters-FF 1 Afternoon Glue Crew-FL 1 Dominoes-CH 2 Happy Hour with Dave Poggenklass -FL 6 500-L	Gratitude & Giving Week 9am Depart: Collecting Leaves -FF 10am Golf the card game-L 10:15 Workout with Darrell -FL 12:30pm Depart:Mini Golf at Twin Pines-FF 2pm Dominoes-CH 2pm Candy Bar Bingo-ML 4:15-5pm Sip & Stories-FF 6 Iowa Hawkeye Tailgate Party-FL 6pm Kings on corner-L
Assisted Living Week 9am St. Joseph's Catholic Mass-FL 10am Dominoes-CH 10:30 Presbyterian Service-FL 1:30 Penny Bingo-FL 2:30pm The Lion Dancers Show-FP 3 Non-denominational Church Service-FL 4:15-5:15 Sunset Stories with Friends-FP	Assisted Living Week 9am Rosary-L 8:30am-10:30 Grind Coffee Truck-FP 11:30-1:00 Big Wheel Pizza-DR/FP 12:30 pm Sole Sister & Misters- FF 2 Dominoes-CH 2:15 Euchre Tournament-FL 3:30 MAC Fitness-FL 4:15-5:15 Mingle at Mealtime-FP 5:30 Monday Matinee: -FL 6 Cribbage-L	Assisted Living Week 9am Depart: Fareway 9:15am Make Tea Party Hats-FL 10:30 Live 2b Healthy-FL 12:30 Sunshine Streches -BP 1:00pm Lala Ladies-FL 2 Sparkle & Shine Diamond Dots-L 2:00pm Mad Hatter Tea Party-DR 3 Penny Bingo-FL 4:15-5:15 The Social Sipper Club-FP	Assisted Living Week 9:30am Christian Worship-ML 10 Meet & Great with Chef Jennifer-FL 10-11Marion Library Book Mobile-FF 12:30pm Sole Sister & Misters- FF 1-3 319 Drink Truck on the Front Patio-FP 1:30pm Catholic Communion- L 2:30pm Circle of Friends: Drinks on the Patio-FP 2:00pm Dominoes-CH 3:30pm MAC Fitness-FL 4:30-5:30pm mariachi Music with Dinner-DR 6:00pm Fuerzas Youth Group Dancers-FP	Assisted Living Week 8:45am Depart: Goodwill-FF 9:15 Bible Study with Steve -L 10:30 MAC Fitness-FL 1:00pm Magic Show with TJ-FL 2:30pm Card Games in the Library 5pm-7pm Casino Night-FP	Assisted Living Week 10am-1pm Charm Bar Bracelet Making/Key Chain Making-FL 10:30 Live 2B Healthy- FP 12:30pm Sole Sister & Misters- FF 12:30pm-2pm Ice Cream Truck-FP 1pm Dominoes-CH 2pm Birthday Happy Hour with Larry Jansen -DR 6:00 500-L	Assisted Living Week 9am Depart: Collecting Leaves -FF 10am Golf the card game-L 10:15 Workout with Darrell -FL 2pm Dominoes-CH 1:30pm Aloha Dancers-FP 2:30pm Candy Bar Bingo-ML 3:00pm Iowa Hawkeye Tailgate Party-FL 4:15-5:15pm Sip & Stories-FF 6pm Kings on corner-L
Harvest Celebration Week 9am St. Joseph's Catholic Mass-FL 10am Dominoes-CH 10:30 Presbyterian Service-FL 1:30 Penny Bingo-FL 2:45pm Remember When.... Harvesting-L 3Non-denominational Church Service-FL 3:30 Depart: Amana Dinner & Show-FF 4:15-5:15 Sunset Stories with Friends- FP	Harvest Celebration Week 9am Rosary-L 10:00 Thankful through the Years-FL 12:30pm Sole Sister & Misters- FF 1:00 Depart: Apple Picking at Allen's Orchard-FF 2:15pm Musical Memories: Simon & Garfunkel -FL 2 Dominoes-CH 3:30 MAC Fitness- FL 4:15-5:15 Mingle at Mealtime-FP 5:30 Monday Matinee: -FL 6 Cribbage-L	Harvest Celebration Week 8:30 Depart: Tour of Marion with Mayor Nick-FF 9am Depart: Dollar General-FF 10:30 Live 2b Healthy- FL 12:30 Sunshine Stretches -BP 1:00pm Harvest Celebration-FL 2 Sparkle & Shine Diamond Dots-L 2:15 Trying Different Type of Apples-FL 3 Penny Bingo-FL 4:15-5:15 The Social Sipper Club-FP	Harvest Celebration Week 9am Harvest Trivia-L 9:30am Christian Worship-ML 10-11Marion Library Book Mobile-FF 12:30pm Sole Sister & Misters- FF 12:45 Bookworms-FL 1Vitals w/ Nursing-2nd Floor Nurse Office 1:15pm Harvest Scavenger Hunt-BP 1:30pm Catholic Communion- L 2:30pm Circle of Friends: Oktoberfest-FL 2:00pm Dominoes-CH 3:30pm MAC Fitness- FL 4:15-5:15 Cozy Connections on the Front Patio 6:00pm Symphonettes-FL	Autumn Adventure 8:45am Depart:Walmart-FF 9:15am Bible Study with Steve -L 10:30 MAC Fitness- FL 1pm Tenant Council-FL 2:15pm Depart: Scenic Drive-FF 4:15-5:15 Music with Mocktails & Cocktails on the Front Patio-FP 6:15 Penny Bingo-FL	Autumn Adventure 9:15am Back2nature: Fall Photographs-FF 10:30 Live 2B Healthy- FL 12:30 pm Sole Sister & Misters- FF 1pm The Afternoon Glue Crew-FL 1pm Dominoes-CH 2pm Happy Hour with Kevin Morgan-FL 6:00 500-L	Autumn Adventure 8:15am Depart:Uptown Farmers Market-FF 10 am Golf the card game-L 10:15 Workout with Darell-FL 2pm Dominoes-CH

Sign up needed
Independent Activities

Assisted Living Week	
9am St. Joseph's Catholic Mass-FL	13
10am Dominoes-CH	
10:30 Presbyterian Service-FL	
1:30 Penny Bingo-FL	
2:30pm The Lion Dancers Show-FP	
3 Non-denominational Church Service-FL	
4:15-5:15 Sunset Stories with Friends-FP	

Autumn Adventure 27

9am St. Joseph's Catholic Mass-FL
10am Dominoes-CH
10:30 Presbyterian Service-FL
1:30 Penny Bingo-FL
2:45pm Scenic Drive-FF
3 Non-denominational Church Service-FL
4:15-5:15 Sunset Stories with Friends-FF

Assisted Living Week 14

9am Rosary-L

8:30am-10:30 Grind Coffee Truck-FP

11:30-1:00 Big Wheel Pizza-DR/FP

12:30 pm Sole Sister & Mistrs- FF

2 Dominoes-CH

2:15 Euchre Tournament-FL

3:30 MAC Fitness-FL

4:15-5:15 Mingle at Mealtime-FP

5:30 Monday Matinee: -FL

6 Cribbage-L

Autumn Adventure

9am Rosary-L

10am Leaf Printing-FL

12:30pm Sole Sister & Mistresses- FF

1 Nature Treasure Hunt-BP

2 Dominoes-CH

2:30 Fall Olympics-FL

3:30 MAC Fitness-FL

4:15-5:15 Mingle at Mealtime-FP

5:30 Monday Matinee: -FL

6 Cribbage-L

	Assisted Living Week	15
9am Depart:	Fareway	
9:15am	Make Tea Party Hats-FL	
10:30	Live 2b Healthy-FL	
12:30	Sunshine Stretches -BP	
1:00pm	Lala Ladies-FL	
2	Sparkle & Shine Diamond Dots-L	
2:00pm	Mad Hatter Tea Party-DR	
3	Penny Bingo-FL	
4:15-5:15	The Social Sipper Club-FP	

Autumn Adventure 29
8:45am Depart: Hy-Vee-FF
10:15 Riverside Casino-FF
10:30 Live 2b Healthy- FL
12:30 Autumn Adventure Walk-FF
1:30pm **Floyd Sandford: Saving Cultural Heritage-FL**
2 Sparkle & Shine Diamond Dots-L
3pm Penny Bingo-FL
4:15-5:15 The Social Sipper Club-FP

Assisted Living Week 16

9:30am Christian Worship-ML

10 Meet & Great with Chef Jennifer-FL

10-11Marion Library Book Mobile-FF

12:30pm Sole Sister & Mistrs- FF

1-3 319 Drink Truck on the Front Patio-FF

1:30pm Catholic Communion- L

**2:30pm Circle of Friends: Drinks on the
Patio-FF**

2:00pm Dominoes-CH

3:30pm MAC Fitness-FL

4:30-5:30pm mariachi Music with Dinner-DR

6:00pm Fuerzas Youth Group Dancers-FF

Autumn Adventure

30

9am Learning about Autumn Traditions around the World-FL

9:30am Christian Worship-ML

10-11Marion Library Book Mobile-FF

12:30pm Sole Sister & Misters- FF

1pm Autumn Door Decor-FL

1:30pm Catholic Communion- L

2:30pm Circle of Friends: Apple Cidar & Hot Cocoa Bar-FL

2:00pm Dominoes-CH

3:30pm MAC Fitness- FL

4:15-5:15 Cozy Connections on the Front Patio

6:00pm Symphonettes-FL

Assisted Living Week ¹⁷
8:45am Depart: Goodwill-FF
 9:15 Bible Study with Steve -L
 10:30 MAC Fitness-FL
**1:00pm Magic Show with TJ-
 FL**
**2:30pm Card Games in the
 Library**
5pm-7pm Casino Night-FP

SEP

Assisted Living Week 18

10am-1pm Charm Bar Bracelet Making/Key Chain Making-FL

10:30 Live 2B Healthy- FP

12:30pm Sole Sister & Misters- FF

12:30pm-2pm Ice Cream Truck-FP

1pm Dominoes-CH

2pm Birthday Happy Hour with Larry Jansen -DR

6:00 500-L

A decorative header featuring a garland of autumn leaves in shades of orange, yellow, and brown, with small red berries. Below the garland, the word 'TEMP' is written in large, bold, colorful letters: 'T' is red, 'E' is orange, 'M' is green, and 'P' is purple.

Assisted Living Week **19**

9am Depart: Collecting Leaves -FF

10am Golf the card game-L

10:15 Workout with Darrell -FL

2pm Dominoes-CH

1:30pm Aloha Dancers-FP

2:30pm Candy Bar Bingo-ML

3:00pm Iowa Hawkeye Tailgate Party-FL

4:15-5:15pm Sip & Stories-FF

6pm Kings on corner-L

Autumn Adventure 26
8:15am Depart:Uptown Farmers Market-FF
10 am Golf the card game-L
10:15 Workout with Darell-FL
2pm Dominoes-CH
2pm Candy Bar Bingo-ML
4:15-5pm Sip & Stories-FF
5:30 Saturday Screener: FL
6pm Kings on corner-L
TBD Hawkeye Tailgate Party-FL



SEPTEMBER