

Moments worth Celebrating

Tenant Birthdays

8/6 Mary T.
8/8 Ann K.
8/9 Shirley H.

8/13 Marianne M.
8/17 Ruth H.
8/23 Judy B.

8/23 Susan H.
8/24 Pat C.



Life Choices: It's all about Living

August is here, and we're savoring every bit of summer-every outing, every sunny afternoon, every chance to enjoy the outdoors together. It's been a season full of laughter, great company, and those "only at Summit Pointe" moments that make our community feel so special. And the best part? We're not done yet.

As we look ahead, we plan to keep the adventures going straight through the fall while the weather is still on our side. If you haven't signed up for an outing yet, now's the time to jump in. Fall always seems to slip by faster each year, and we want everyone to enjoy as much of it as possible before winter decides to show up early-like it always does. What truly makes these moments meaningful is the spirit of our Summit Pointe family. Staff and tenants alike continue to show what it means to be welcoming, supportive, and genuinely connected. Whether it's greeting new tenants with kindness or helping new staff feel instantly at home, the feedback we hear again and again is the same: **"Everyone here makes you feel like you belong."**

We couldn't be prouder of the community you've built-one where independence is celebrated, friendships come naturally, and home isn't just a place, it's a feeling we create together. Here's to a beautiful August, a cozy fall ahead, and a community that keeps shining in every season.

Your Leadership Team

The Summit Pointe Family is intentionally enhancing the lives of everyone.

Staff Birthdays

8/5 Levette S.
8/7 Kayla R. (culinary)

8/14 Tajai H.
8/24 Jack D.



Tenant Anniversaries

8/14 Mary Mo. 4 years
8/25 Max & June N. 4 years
8/26 Sandy A. 5 years
8/29 Judy & Larry B. 1 year
8/29 Alty Malone 1 year
8/30 Iris A. 2 years
8/30 Bonnie K. 1 year
8/31 Barb M. 3 years

Staff Anniversaries

8/14 Evan G.- 13 years
8/19 Ben A. - 1 year

Active Living & Vibrant Aging at Our Summit Pointe Community
Beat the Heat: Smart Summer Hydration

As August temperatures peak, staying ahead of thirst is your best defense against fatigue and joint stiffness.

- Drink Proactively: Don't wait until you feel thirsty—keep a reusable water bottle handy.
- Hydrating Foods: Enjoy watermelon, cucumbers, berries, and peaches at daily dining services.
- Infusion Stations: Stop by the main dining hall for refreshing citrus and mint-infused water.

Timing Your Daily Movement

Keep your body strong and balanced while staying safe from the midday sun.

- Early Mornings: Schedule outdoor walking paths and courtyard socials before 10:00 AM.
- Indoor Alternatives: Take advantage of our air-conditioned fitness center, chair yoga, or pool classes between 11:00 AM and 4:00 PM.
- Sun Protection: Wear SPF 30+, a wide-brimmed hat, and UV-blocking sunglasses outside.

Light & Fueling Meals

Smaller appetites are normal in high heat. Focus on nutrient-dense foods to keep your stamina steady:

- Lean Proteins: Chilled salmon, grilled chicken, Greek yogurt, and eggs.
- Electrolytes: Bananas, spinach, and avocados to help prevent muscle cramps.
- Fiber: Fresh leafy greens, berries, and whole grains for easy digestion.

Stay Connected & Sharp

Brain health and social engagement go hand-in-hand!

- Indoor Socials: Join us in the common lounge for afternoon cards, book club, and trivia.
- Neighbor Check-Ins: Say hello to your neighbors on the way to dinner—a quick check-in goes a long way on hot summer days.



University of Iowa Hawkeyes (U of I)

Football: In August, the Hawkeyes are in Fall Training Camp preparing for kickoff! Regular season opener is Saturday, Sept 5 vs.

Northern Illinois at Kinnick Stadium (3:15 PM CT).

Basketball (Men's & Women's): Offseason in August.
Preseason/non-conference play begins in early November.

Chicago Cubs (MLB)

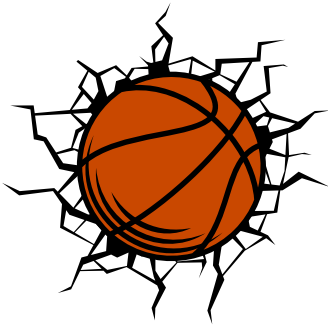
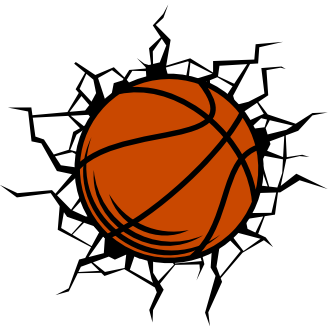
Aug 1–2: vs. New York Yankees (Wrigley Field)
Aug 3–5: vs. Los Angeles Dodgers (Wrigley Field)
Aug 6: vs. Toronto Blue Jays (Wrigley Field)
Aug 7–9: @ Kansas City Royals
Aug 11–13: @ Washington Nationals
Aug 14–16: vs. St. Louis Cardinals (Wrigley Field)
Aug 17–19: vs. Chicago White Sox (Crosstown Series – Wrigley Field)
Aug 21–23: @ Seattle Mariners
Aug 24–26: @ Arizona Diamondbacks
Aug 28–30: vs. Cincinnati Reds (Wrigley Field)
Aug 31: vs. Milwaukee Brewers (Wrigley Field)



Indiana Fever (WNBA)

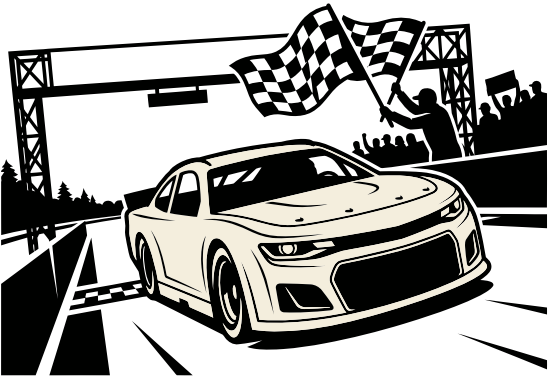
All times Central

Sun, Aug 2: @ Minnesota Lynx – 12:00 PM
Thu, Aug 6: vs. Las Vegas Aces – 6:00 PM
Sat, Aug 8: @ Chicago Sky – 2:30 PM
Tue, Aug 11: vs. New York Liberty – 6:30 PM
Fri, Aug 14: vs. Dallas Wings – 6:30 PM
Sun, Aug 16: @ Atlanta Dream – 4:00 PM
Tue, Aug 18: @ Toronto Tempo – 6:00 PM
Thu, Aug 20: @ Dallas Wings – 7:00 PM
Sat, Aug 22: @ New York Liberty – 6:00 PM
Sun, Aug 23: @ Chicago Sky – 6:00 PM
Fri, Aug 28: vs. Connecticut Sun – 6:30 PM



NASCAR Cup Series & Events

Sat–Sun, Aug 8–9: Iowa Speedway (Iowa Corn 350)
Fri–Sat, Aug 14–15: Richmond Raceway (Cook Out 400)
Sat–Sun, Aug 22–23: New Hampshire Motor Speedway (Dollar Tree 301)
Fri–Sat, Aug 28–29: Daytona International Speedway (Coke Zero Sugar 400)

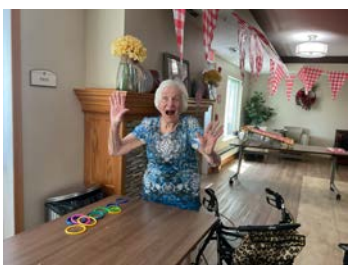




“For I desire mercy, not sacrifice, and acknowledgment of God rather than burnt offerings.” Hosea 6:6

My family is entering into a 40-day "wilderness" season, where we rid our lives of our usual spiritual obligations to try to make room to better hear God. Being long-time Christians, my husband and I have led Bible studies, been on staff at church, and mentored young people; we have done all the “Christian” things and have been in the religious routines for quite some time. We felt God pulling our family to walk into the “wilderness” and clear our calendars of our usual routines and rituals for 40 days to draw near to God and God only.

I keep going back to Hosea 6:6, the verse above, that says that God desires our faithfulness over our sacrifice. Our acknowledgment of God and seeking of Him is more desired than what we offer Him. For if we offer our time, our money, and our families without being truly right with God and doing so with a heart of joy, what does it matter? Sacrifices are not bad (since God commanded them), but every so often, I think it is healthy to step back and evaluate our faith and our “why” so we can come back and serve God with every bit of our heart. This week (or for the next 40 days), how can you take a step back from your usual rituals and routines to hear God’s voice and determine where He is trying to lead you?



During August we have some weekly themes. These include summer arts festival, summer adventure, music & performance house, lifelong learning campus, state fair week, Elvis Presley day, corn festival, flower festival, global culture hub and end of summer festival.

Summer arts festival week is August 1st-6th. Some activities that we will have this week include designing watercolor postcards, making seashell magnets, jewelry making, making tie dye bags, fruit and fizz social and then Art, Joy, Connect with Corrine will also be here. Summer adventure week is August 7th-10th. Some activities we will be having this week include boat racing, going to the Marion Farmers Market, the great escape puzzle, summer of '69 music bingo, and lemonade citrus art.

Music & performance house is the 11th and 12th. We will practice a play on the 11th and perform it on the 12th. We will also have the Lala ladies on the 11th. We will have a herb infused lemonade bar and do a musical memories on the Disco Divas.

Lifelong learning on campus is August 13th-15th. Some activities we will do include a left hand laugh lab, making wind spinners, sunrise reflection circles and cloud watching.

State Fair week will be August 16th-18th. Some activities we will do include butter sculptures, grandstand games, corn mosaics, spin art and state fair taste trail.

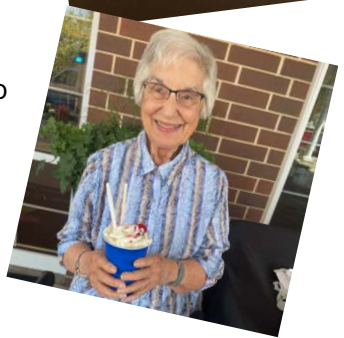
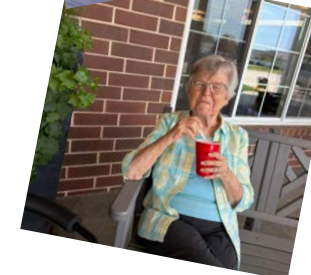
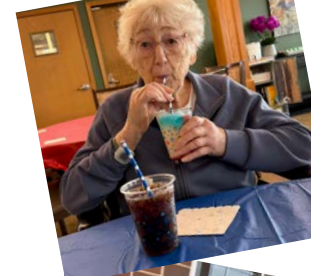
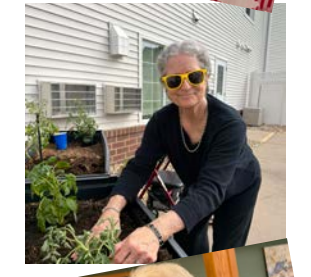
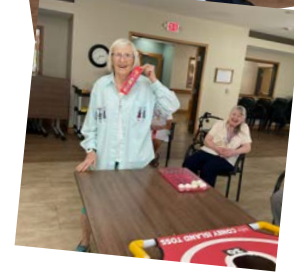
Elvis Presley day is the 19th. We will do a musical memories about Elvis Presley and have King Bruce in for a Elvis Presley performance.

The annual corn Festival is August 20th. We will have live music and fresh sweet corn.

Flower festival is August 21st-22nd. We will make wildflower bouquets. We will also be going on a riverboat cruise in LeClaire Iowa.

Global culture hub is august 23rd-26th. Some activities that we will do include cultural story circle, beverages from around the world, we will play an international board game, Floyd Sandford will be here doing a presentation on Bronte, Parsonage & 9 English Manors.

End of Summer Festival will be 27th-31st. Some activities we will do include an end of summer watermelon party, water balloon fight and flower picking.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 2026						Summer Arts Festival Room Key: BP=Back Patio CH= Club House DR=Dining Room BW=Brentwood Dining Room FF=Front Foyer FL=Fireside lounge FP=Front Patio L=Library ML=Memory Lane PDR=Private Dining Room SR= Sewing Room ER=Exercise Room Sign up needed Independent Activities
Summer Arts Festival 9am St. Joseph’s Catholic Mass-FL 10am Dominoes-CH 10:30 Presbyterian Service-FL 1:30 Penny Bingo-FL 2:45pm Summer Craft Cottage: Making Seashell Magnets-L 3 Non-denominational Church Service-FL 4:15-5:15 Neighbors on the Front Patio	Summer Arts Festival 9am Rosary-L 9:15am Artful Conversation Cards-FL 10:30 Getting to Know the Calander-FL 12:30pm Sole sister & mister walk-a-thon-FF 1:00 Summer Craft Cottage: Jewelry Making-FL 2 Dominoes-CH 2:15 Musical Memories: Jim Croce-FL 3:30 MAC Fitness-FL 4:15-5:15pm Tee Time: Arnold Palmers on the Front Patio 5:30 Monday Matinee-FL 6 Cribbage-L	Summer Arts Festival 8:45 Depart Aldi-FF 10:15 Story Poarch on the Front Patio 10:30 Live 2b Healthy-FL 12:30pm Sunshine Strechess -BP 1 Making Tie-Dye Tote Bags- BP 2 Marcie Memorables: Lydia Seller of Purple-FL 2 Sparkle & Shine Diamond Dots-L 3:15 Penny Bingo-FL 4:30-5:15 Question of the Day with Mocktails & Cocktails on the Front Patio	Summer Arts Festival Podiatrist 1pm-3pm 9:30am Christian Worship-ML 10:45am Marion Library Book Mobile-FF 12:30 pm Sole Sister & Misters- FF 1:00 Art, Joy, Connect with Corrine-FL 1:30pm Catholic Communion– L 2:30 DIY: Summer Smoothies-FL 2:00pm Dominoes-CH 3:30pm MAC Fitness-FL 4:15-5:15 Sunset Sipper- Fp 6:00pm Symphonettes-FL	Summer Arts Festival 9am Depart: Target-FF 9:15 Bible study w/ Steve-FL 10:15 Shadow Art Station on the Back Patio 10:30 MAC Fitness-FL 1:30 Tech Made Easy with CJ: Helping with Spam Calls-FL 2:45 Fruit & Fizz Social-BP 4:15-5:15 Chat & Chill Cooler-FP 5:15pm-7:30pm Depart: Uptown Getdown in Marion Square-FF 6:15 Penny Bingo-FL	Summer Adventure 9:15 Depart: Boat Racing at Waldo Park-FL 10:30 Live 2b healthy-FL 12:30pm Sole Sisters & Misters- FF 1 Afternoon Glue Crew-FL 1 Dominoes-CH 2 Happy Hour with Harold Gray-FL 6 500-L	Summer Adventure 7:45 Depart: Uptown Market in Downtown Marion-FF 10am Golf the card game-L 10:15 Workout with Paige -FL 1pm The Great Escape Puzzle-FF 2pm Dominoes-CH 2:30pm Summer of ‘69 Music Bingo-L 4:15-5pm Sunset Stories on the Front Patio 5:30 Saturday Screener: FL 6pm Kings on corner-L
Summer Adventure 9am St. Joseph’s Catholic Mass-FL 10am Dominoes-CH 10:30 Presbyterian Service-FL 1:30 Penny Bingo-FL 2:45 Depart:Scenic Drive-FF 3 Non-denominational Church Service-FL 4:15-5:15 Neighbors on the Front Patio	Summer Adventure 9am Rosary-L 9:15am Coffee Corner with Specialty Drinks- FL 10:30 Depart: Summer Picnic-FF 12:30 pm Sole Sister & Misters- FF 1:15 Meet the Maintenance Director: Brett -FL 2 Dominoes-CH 2:15 Lemonade Lounging and Citrus Art-FL 3:30 MAC Fitness-FL 4:15-5:15 Tee Time: Arnold Palmers on the Front Patio 5:30 Monday Matinee: -FL 6 Cribbage-L	Music & Performance House 9am Depart: Dollar Tree-FL 9:15 Readers Theater Practice-FL 10:30 Depart Lunch Bunch: Olive Garden-FF 10:30 Live 2b Healthy-FL 12:30 Sunshine Strechess -BP 1:00pm Lala Ladies-FL 2 Sparkle & Shine Diamond Dots-L 2:15 DIY: Herb Infused Lemonade Bar-FL 3 Penny Bingo-FL 4:15-5:15 -FL Question of the Day with Mocktails & Cocktails on the Front Patio	Music & Performance House 9:30am Christian Worship-ML 10am Readers Theater Performance-ML 10:45am Marion Library Book Mobile-FF 12:30pm Sole Sister & Misters- FF 1:00pm Tasting with Tony-FL 1:30pm Catholic Communion– L 2:30pm Musical Memories: Disco Divas-FL 2:00pm Dominoes-CH 3:30pm MAC Fitness-FL 4:15-5:15 Sunset Sipper- FP 6:00pm Symphonettes-FL	Lifelong Learning Campus-Left Handers Day 8:45am Depart: Goodwill-FF 9:15 Bible Study with Steve -L 10:30 MAC Fitness-FL 12:30pm Nail It! Nail Care For All!- Salon 1:00pm Left Hand Laugh Lab-FL 2:45 Depart: Scenic Drive-FF 4:45-5:45 Chat & Chill Cooler-FP 6:15 Penny Bingo-FL	Lifelong Learning Campus 9:15am Make Wind spinners- BP 10:30 Live 2B Healthy- FL 12:30pm Sole Sister & Misters- FF 1pm Afternoon Glue Crew-FL 1pm Dominoes-CH 2pm Birthday Happy Hour with Craig Dove -DR 6:00 500-L	Lifelong Learning Campus 9am Sunrise Reflection Circle-BP 10am Golf the card game-L 10:15 Workout with Paige -FL 2pm Dominoes-CH 2pm Candy Bar Bingo-ML 2:30pm The Art of Cloud Watching-FL 4:15-5pm Sunset Stories on the Front Patio 5:30 Saturday Screener: FL 6pm Kings on corner-L
State Fair Week 9am St. Joseph’s Catholic Mass-FL 10am Dominoes-CH 10:30 Presbyterian Service-FL 1:30 Penny Bingo-FL 2:45pm Butter Sculptures-L 3Non-denominational Church Service-FL 4:15-5:15 Neighbors on the Front Patio	State Fair Week 9am Rosary-L 10:00 History of the Iowa State Fair-FL 12:30pm Sole Sister & Misters- FF 1:00 Grandstand Games-FL 2:15pm Cornpalace Challenge: Dried Corn Mosaics-FL 2 Dominoes-CH 3:30 MAC Fitness-3rd FL 4:15-5:15 Tee Time: Arnold Palmers on the Front Patio 5:30 Monday Matinee: -FL 6 Cribbage-L	State Fair Week 9am Depart: Fareway-FF 10:30 Live 2b Healthy- FL 12:30 Sunshine Stretches -BP 1:00pm State Fair Spin Art-FL 2 Sparkle & Shine Diamond Dots-L 2:15 State Fair Taste Trail-FL 3 Penny Bingo-FL 4:15-5:15 Question of the Day with Mocktails & Cocktails on the Front Patio	Elvis Day 9am Musical Memories:Elvis Presley-FL 9:30am Christian Worship-ML 10:15am Chef Chat-FL 12:30pm Sole Sister & Misters- FF 1Vitals w/ Nursing-2nd Floor Nurse Office 1:30pm King Bruce *Music*-FL 2:30pm DIY: Fruit Infused Water-FL 2:00pm Dominoes-CH 3:30pm MAC Fitness- FL 4:15-5:15 Sunset Sipper- Fp 6:00pm Symphonettes-FL	Corn Festival 8:45am Depart:Walmart-FF 9:15am Bible Study with Steve -L 10:30 MAC Fitness- FL 12pm Remember When...Corn Husking-FF 1pm Corn Festival-FP 4:15-5:45 Chat & Chill Cooler-FP 6:15 Penny Bingo-FL	Flower Festival 9:15am Making Flower Boquets-FL 10:30 Live 2B Healthy- FL 12:30 pm Sole Sister & Misters- FF 1pm The Afternoon Glue Crew-FL 1pm Dominoes-CH 2pm Happy Hour with Janet Lieb 6:00 500-L	Flower Festival 9am Morning Movement Circut-BP 10 am Golf the card game-L 10:15 Workout with Paige-FL 9:30am Depart: Riverboat Cruise in LeClaire-FF 2pm Dominoes-CH 2pm Candy Bar Bingo-ML 4:15-5pm Sunset Stories on the Front Patio 5:30 Saturday Screener: FL 6pm Kings on corner-L
Global Culture Hub/End of Summer Festival 9am St. Joseph’s Catholic Mass-FL 10am Dominoes-CH 10:30 Presbyterian Service-FL 1:30 Penny Bingo-FL 2:45pm Cultural Story Circle-L/ S’mores of the Front Patio 3 Non-denomintional Church Service-FL 4:15-5:15 Neighbors on the Front Patio	Global Culture Hub 9am Rosary-L 10am Gavin Goes to Africa Presentation-FL *Kaylas Son* 12:30pm Sole Sister & Misters- FF 1:00pm Fabric Stamping-FL 2 Dominoes-CH 2:00 Global Street Food Festival-FL 3:30 MAC Fitness-FL 4:15-5:15 Tee Time: Arnold Palmers on the Front Patio 5:30 Monday Matinee: -FL 6 Cribbage-L	Global Culture Hub 8:45am Depart: Hy-Vee-FF 10:15 Riverside Casino-FF 10:30 Live 2b Healthy- FL 12:30 Sunshine Strechess -BP 1:30pm Floyd Sandford: Bronte Parsonage & 9 English Manors-FL 2 Sparkle & Shine Diamond Dots-L 3pm Penny Bingo-FL 4:15-5:15 Question of the Day with Mocktails & Cocktails on the Front Patio	Global Culture Hub 9am Beverages From Around the World-FF 9:30am Christian Worship-ML 12:30pm Sole Sister & Misters- FF 1pm International Game Circut -Play International Board Games-FL 1:30pm Catholic Communion– L 2:30pm DIY: Trail Mix Station-FL 2:00pm Dominoes-CH 3:30pm MAC Fitness- FL 4:15-5:15 Sunset Sipper- Fp 6:00pm Symphonettes-FL	End of Summer Festival 8:45am Depart: Salvation Army-FF 9:15am Bible Study with Steve -L 10:30 MAC Fitness- FL 1:00pm Tenant Council-FL 2 End of Summer Watermelon Social-BP 3pm Water Balloon Fight-BP 4:15-5:15 Chat & Chill Cooler-FP 6:15 Penny Bingo-FL	End of Summer Festival 8:45am Depart: Flower Picking at Local Farm-FF 10:15 Workout with Paige-FL 10:30 Live 2B Healthy- FL 12:30 pm Sole Sister & Misters- FF 1pm The Afternoon Glue Crew-FL 1pm Dominoes-CH 2pm Happy Hour with Jessica Mar Duo-DR 6:00 500-L	Summer Nights & Stargazing 9am Good New and coffee Hour-FL 10 am Golf the card game-L 10:15 Workout with Paige-FL 1pm Learning about Constellations-FL 2pm Dominoes-CH 2pm Candy Bar Bingo-ML 2:30pm 4:15-5pm Sunset Stories on the Front Patio 5:30 Saturday Screener: FL 6pm Kings on corner-L 7:30 Depart: Summer Nights & Stargazing-FF