

Cheers to You!



Happy BIRTHDAYS

Staff Birtheday
Harrison S. 6/12
Jolene M. 6/29
Gabby H. 6/29

Tenant Birthdays

6/3 Linda R.
6/4 Karen M.
6/5 Janice H.
6/6 Norbe B.
6/6 George F.
6/6 Connie C.
6/7 Iris A.
6/7 Ed K.
6/7 Harold H.
6/15 Keith H.
6/20 Bob G.
6/22 Leon H.
6/25 Viriginia F.
6/30 Glenda S.

Happy ANNIVERSARIES

1 year Gabby H. 6/3
1 year Brendan C. 6/4
5 year DaZsa A. 6/8
2 year Ciarra B. 6/19



WELCOME JUNE 2026



Life Choices: It's all about Living

As we continue celebrating Summit Pointe's 20th Anniversary. Two decades of memories, milestones, and moments that have shaped who we are today. We're grateful for every tenant, family member, and staff member who has helped build this community into a place we're proud to call home.

To honor that spirit, we invite everyone to join us for a Community Thank You Event on June 18th — a day dedicated to celebrating you. Expect good company, warm smiles, and a chance to reflect on the journey we've taken together. There will also be raffles for tenants to win prizes as well! We encourage you to invite family and friends to this event, all are welcomed and celebrated!

As summer settles in, we hope you find time to enjoy the sunshine, connect with your neighbors, and take part in the special moments happening all month long. Thank you for being the heart of Summit Pointe.

Here's to a joyful June and a beautiful season ahead.
Summit Pointe Leadership Team

We're delighted to welcome our newest tenants to the SP family. Each new neighbor brings fresh stories, new friendships, and even more warmth to our community. We hope you feel at home quickly, settle in comfortably and enjoy everything our community has to offer. We're glad you're here!

Welcome to NEW SUMMIT POINTE TENANTS



Jerry K.



Carol W.

The Summit Pointe Family is intentionally enhancing the lives of everyone.



June Health Focus Headache & Migraine Awareness

Headache & Migraine Awareness — June Health Focus

Supporting Comfort, Prevention & Daily Well-Being

Headaches and migraines are more common than many people realize, and June is a national month dedicated to understanding them better. While headaches can be mild and short-lived, migraines often bring stronger symptoms like sensitivity to light, nausea, or throbbing pain that can last for hours.

What Causes Headaches & Migraines

Triggers can vary from person to person, but common ones include:

- Stress or tension
- Dehydration
- Skipping meals
- Changes in sleep patterns
- Weather or temperature shifts
- Certain foods or strong smells
- Understanding personal triggers can help reduce how often headaches occur.



Simple Ways to Find Relief

Small daily habits can make a big difference:

- Drink water throughout the day
- Keep a consistent sleep routine
- Take short breaks to relax your shoulders and neck
- Limit bright lights or loud noise when symptoms start
- Use cold or warm compresses for comfort

If headaches become frequent or unusually strong, it's important to talk with a healthcare provider to rule out underlying causes.

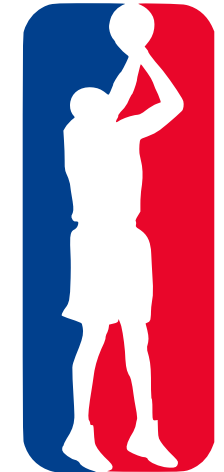


A Month for Awareness & Support

Headache and Migraine Awareness Month reminds us that pain is not something we have to “push through.” Paying attention to symptoms — and caring for ourselves early — helps maintain comfort, clarity, and quality of life.

CBS Schedule

June 2 — vs. Athletics — 8:05 PM	June 19 — vs. Blue Jays — 2:20 PM
June 3 — vs. Athletics — 8:05 PM	June 20 — vs. Blue Jays — 2:20 PM
June 4 — vs. Athletics — 8:05 PM	June 21 — vs. Blue Jays — 2:20 PM
June 5 — vs. Giants — 2:20 PM	June 22 — at Mets — 7:10 PM
June 6 — vs. Giants — 2:20 PM	June 23 — at Mets — 7:10 PM
June 7 — vs. Giants — 8:30 PM	June 24 — at Mets — 7:10 PM
June 9 — at Rockies — 8:40 PM	June 25 — at Mets — 7:10 PM
June 10 — at Rockies — 8:40 PM	June 26 — at Brewers — 7:45 PM
June 11 — at Rockies — 3:10 PM	June 27 — at Brewers — 7:10 PM
June 12 — at Giants — 10:15 PM	June 28 — at Brewers — 2:10 PM
June 13 — at Giants — 10:05 PM	June 29 — vs. Padres — 8:05 PM
June 14 — at Giants — 3:10 PM	June 30 — vs. Padres — 8:05 PM
June 15 — vs. Rockies — 8:05 PM	
June 16 — vs. Rockies — 8:05 PM	
June 17 — vs. Rockies — 8:05 PM	



NBA FINALS — JUNE 2026

- GAME 1 — WEDNESDAY, JUNE 3
Knicks @ Thunder/Spurs
8:30 PM ET • ABC
- GAME 2 — FRIDAY, JUNE 5
Knicks @ Thunder/Spurs
8:30 PM ET • ABC
- GAME 3 — MONDAY, JUNE 8
Thunder/Spurs @ Knicks
8:30 PM ET • ABC
- GAME 4 — WEDNESDAY, JUNE 10
Thunder/Spurs @ Knicks
8:30 PM ET • ABC
- GAME 5* — SATURDAY, JUNE 13
Knicks @ Thunder/Spurs
8:30 PM ET • ABC
- GAME 6* — TUESDAY, JUNE 16
Thunder/Spurs @ Knicks
8:30 PM ET • ABC
- GAME 7* — FRIDAY, JUNE 19
Knicks @ Thunder/Spurs
8:30 PM ET • ABC



NASCAR CUP SERIES JUNE 2026

- SUNDAY • JUNE 7
Enjoy Illinois 300
World Wide
Technology Raceway
Madison, IL
2:30 PM CT • FOX
- SUNDAY • JUNE 14
Toyota / Save Mart 350
Sonoma Raceway • Sonoma, CA
2:30 PM CT • FOX
- SUNDAY • JUNE 21
Iowa Corn 350
Iowa Speedway • Newton, IA
6:00 PM CT • USA Network
- SUNDAY • JUNE 28
NASCAR Cup Series Race
New Hampshire
New Hampshire Motor Speedway •
Loudon, NH
1:30 PM CT • USA Network



- INDIANA FEVER
THU • JUNE 4
Atlanta Dream at Fever
6:00 PM CT • Gainbridge
Fieldhouse
- SAT • JUNE 6
Fever at New York Liberty
7:00 PM CT • Barclays Center
- MON • JUNE 8
Fever at Washington Mystics
6:00 PM CT • CareFirst Arena
- THU • JUNE 11
Chicago Sky at Fever
6:00 PM CT • Gainbridge
Fieldhouse
- SAT • JUNE 13
Fever at Connecticut Sun
5:00 PM CT • Mohegan Sun
Arena
- TUE • JUNE 16
Toronto Tempo at Fever
6:00 PM CT • Gainbridge
Fieldhouse

NHL • JUNE 2026 STANLEY CUP PLAYOFFS SCHEDULE

EASTERN CONFERENCE FINAL
Montreal Canadiens vs. Carolina Hurricanes
Series Status: Carolina leads 3-1

TUESDAY • JUNE 2
GAME 7 (IF NECESSARY)
Montreal @ Carolina
7:00 PM CT • Lenovo Center, Raleigh



Christian Corner with Megan Swanson



“There is no difference between Jew and Gentile, for all have sinned and fall short of the glory of God, and all are justified freely by his grace through the redemption that came by Christ Jesus.” Romans 3:23-24

A “good” person doesn’t equate to a “Godly” person. In fact, none of us are good by our own doing. The verse above states that “all have sinned and fall short of the Glory of God”— every single one of us. Through Jesus, we are declared righteous and are offered the opportunity to spend eternity in paradise with Him. He saves those of us who confess and believe in Jesus because of His own great love.

We tend to want to do something to contribute to our salvation. But, the reality is, we all come before the cross empty-handed. When you arrive at the gates of Heaven, will you try to persuade God to let you in based on your “goodness” and your works? Or will you simply say, “Because of the grace of Jesus I am here. Thank you.”? When you recognize you have nothing to give, you are in the position for Christ to be everything to you.



Life Enrichment Activities

We have lots of new and fun activities this month! Some of our new activities include Time Hop, Men’s Handyman corner, Coffee Queens and many more!

On Monday June 1st we will go see the Union Pacific Big Boy Train in Tama. We will depart at 9:45am.

On some Mondays we will also be doing some art history topics this month. We will learn a little about an art history subject then we will make an example of that medium. Our subjects this month include mosaic tiling, pottery and hieroglyphics.

On Tuesdays we will do a time hop. This is where we go back to history and learn about a historical event. The topics that we will cover include transcontinental railroad, the moon landing, the great San Francisco Fire and Earthquake of 1906, and When the Beatles came to America, and the fall of the Berlin Wall.

On Wednesday we will have any afternoon social on the patio every week.

We have an activity called handyman’s corner. We will do some leather work and wood whittling.

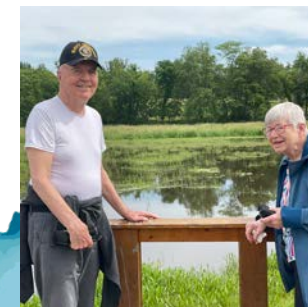
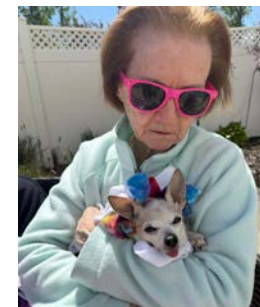
Jessie will be here to do nails on June 3rd at 12:30pm. The cost is \$20 for regular nail polish and \$25 for Gel.

Jeanne will be here to do massages. There will be a cost for these massages. The cost is \$20 for 15 minutes. She will be here on June 4th and 18th.

We will be going to the Lavendar Farm at Sutliff on Friday June 19. We will listen to live music and have the option of having a lemonade bar.

On Friday June 26 we will have a Miss to Mrs. Party at night. We will have different bridal shower themed things to do. Please bring us a wedding picture by June 15th so we can create a slide show of all our brides in the building.

We have quite a few outings planned for this month so be sure to sign up for anything pink. The sign-up sheets are in the activity binder.



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

31
9am St. Joseph's Catholic Mass-FL
10am **Dominoes-CH**
10:30 Presbyterian Service-FL
12:30 After Lunch Connections-BP
1:30 Penny Bingo-FL
2:45pm The Afternoon Shufflers-L
3 Non-denominational Church service- FL
4:15-5:15 Sunset Stories-FP

1
8:45am Getting to know the Calander-FL
9am Rosary-L
9:45am **Depart: Tama to See Big Boy Train-FF**
1-**Bookworms-L**
1:45pm Art History Month: Creating Mosaic Tiles- FL
2 **Dominoes-CH**
3:30pm MAC Fitness-FL
4:15-5:15 Porch Party- FP
5:30Monday Matinee: The Final Season-FL
6 **Cribbage-L**

2
9am **Depart: Hy-Vee-FF**
9:15 Time Hop: Transcontinental Railroad-FL
10:15 **Depart: Voting-FF**
10:30 Live 2b Healthy-FL
1:00pm **Depart:Voting-FF**
1:00pm Handyman's Corne-L
2 Marci's Memorables Walt Disney Minnie Mouse -FL
2 **Sparkle & Shine Diamond Dots-L**
2:15pm The Backyard Bowl: Giant Tetris-FP
3:15pm Penny Bingo-FL
4:30-5:15 Tee Time -FP

3
Podiatrist 1-3
9:15am **Depart: Back to Nature Photo Club-FF**
9:30am Christian Worship-ML
10:15am The Wild Card Club-FL
10:45am Marion Library Book Mobile-FL
12:30 pm Sole Sister & Misters- FF
12:30pm-Nailed it! **Nail Care for All!-Salon**
1:15pm Chef Chat-FL
1:30pm Catholic Communion- L
2:30pm Circle of Friends: Watermelon Social-BP
2:00pm **Dominoes-CH**
3:30pm MAC Fitness-FL
4:15-5:15 Vine & Vinyl's-FP
6:00pm Symphonettes-FL

4
8:45am **Depart: Kohls-FF**
9:15am Bible Study with Steve -FL
10:30 MAC Fitness-FL
1pm-3pm **Massages *Must Sign Up***
1:00pm Musical Memories: Eddy Arnold-FL
2:30pm **Depart: Twin Pines Mini Golf-FF**
5:30 The Campfire Chronicle-BP
6:15 Penny Bingo-FL

5
8:45am The Daily Grind Coffee Group-FL
9:45am **Depart: Early Birders-FL**
10:30 Live 2B Healthy-FL
12:30pm Sole Sister & Misters- FF
1pm The Afternoon Glue Crew-FL
1pm **Dominoes-CH**
2 Happy Hour with Harold Gray -DR
3:30 Finish the Lyrics -FL
6:00 500-L

6
9am The Coffee Connection-FL
10am **Golf the card game-L**
10:15 Workout with Darrel-FL
2pm **Dominoes-CH**
2pm Candy Bar Bingo-ML
5:30 Saturday Screener: Fried Green Tomatoes- FL
6pm Kings on corner-L

7
9am St. Joseph's Catholic Mass-FL
10am **Dominoes-CH**
10:30 Presbyterian Service-FL
12:30 After Lunch Connections-BP
1:30 Penny Bingo-FL
2:45pm The Afternoon Shufflers-L
3 Non-denominational Church service- FL
4:15-5:15 Sunset Stories-FP

8
9am Rosary-L
9:15am Caffeine Queens: Exploring Coffee Shops-FF
10:30 Micro-Reads-L
12:30pm Sole Sister & Misters- FF
1:30pm Art History Month: Pottery-FL
2 **Dominoes-CH**
2:45 Men's Microbrew Crew & Pool -CH
3:30pm MAC Fitness-FL
4:15-5:15 Porch Party- FP
5:30Monday Matinee: Mothers Day-FL
6 **Cribbage-L**

9
9am **Depart: Aldi-FF**
9:15 Time Hop: The Moon Landing-FL
10:30 Live 2b Healthy-FL
1:00pm Lala Ladies-FL
2:15pmThe Backyard Bowl: Cornhole -B
2 **Sparkle & Shine Diamond Dots-L**
3:00pm Penny Bingo-FL
4:30-5:15 Tee Time -FP

10
9:15am **Depart: Back to Nature Photo Club-FF**
9:30am Christian Worship-ML
10:15am The Wild Card Crew-FL
10:45am Marion Library Book Mobile-FF
12:30 pm Sole Sister & Misters- FF
1:15pm Tasting with Tony-FL
1:30pm Catholic Communion- L
2:30pm Circle of Friends: Laughing & Lemonade-BP
2:00pm **Dominoes-CH**
3:30pm MAC Fitness-FL
4:15-5:15 Vine & Vinyl's-FP
6:00pm Symphonettes-FL

11
8:45am **Depart: Goodwill on Council-FF**
9:15am Bible Study with Steve -FL
10:00am Tech Made Easy with CJ-L
10:30 MAC Fitness-FL
1:00pm Musical Memories: Lena Horne-FL
2:30pm **Depart:Scenic Drive-FF**
5:30 The Campfire Chronicle-BP
6:15 Penny Bingo-FL

12
8:45am The Daily Grind Coffee Group-FL
9:45am **Depart: Early Birders-FL**
10:30 Live 2B Healthy-FL
12:30pm Sole Sister & Misters- FF
1pm The Afternoon Glue Crew-FL
1pm **Dominoes-CH**
2pm Birthday Happy Hour with Craig Dove -DR
3:30 Name that Tune- FL
6:00 500-L

13
7:45am **Depart: Uptown Marion Farmers Market-FL**
10am **Golf the card game-L**
10:15 Workout with Darrel-FL
2pm **Dominoes-CH**
2pm Candy Bar Bingo-ML
3:15pm Deal Me In! Card Club-FL
5:30 Saturday Screener: Identity Thief FL
6pm **Kings on corner-L**

14
9am St. Joseph's Catholic Mass-FL
10am **Dominoes-CH**
10:30 Presbyterian Service-FL
12:30pm After Lunch Connections-BP
1:30 Penny Bingo-FL
2:45pm The Afternoon Shufflers-L
3 Non-denominational Church Service-FL
4:15-5:15 Sunset Stories-FP

15
9am Rosary-L
9:15 Caffeine Queens: Exploring Coffee Shops-FF
10:30 Getting to Know Summit Pointe: Wellness Center-FL
12:30 pm Sole Sister & Misters- FF
1-**Bookworms-L**
1:30 Art History Month: Hieroglyphic's-FL
2 **Dominoes-CH**
2:45 Men's Microbrew Crew & Pool -CH
3:30 MAC Fitness-FL
4:15-5:15 Porch Party- FP
5:30 Monday Matinee: Life As We Know It -FL
6 **Cribbage-L**

16
9am **Depart: Dollar Tree-FL**
9:15 Time Hop: "Great San Francisco Earthquake and Fire"-FL
10:15 **Depart: Picnic Lunch at the Park-FF**
10:30 Live 2b Healthy-FL
1:30 Floyd Sandford: Alaska-FL
2 **Sparkle & Shine Diamond Dots-L**
2:15pm The Backyard Bowl: Giant Jenga-BP
3 Penny Bingo-FL
4:15-5:15 Tee Time -FP

17
9:15am **Depart: Back to Nature Photo Club-FF**
9:30am Christian Worship-ML
10:15am The Wild Card Crew-FL
10:45am Marion Library Book Mobile-FF
12:30 pm Sole Sister & Misters- FF
1:15pm DIY:Lumbar Support Pillow-FL
1:30pm Catholic Communion- L
2:30pm Circle of Friends: Ice Cream Truck-FP
2:00pm **Dominoes-CH**
3:30pm MAC Fitness-FL
4:15-5:15 Vine & Vinyl's-FP
6:00pm Symphonettes-FL

18
8:45am **Hobby Lobby-FL**
9:15 Bible Study with Steve -L
9am-11am **Massages *Must Sign Up***
10:30 MAC Fitness-FL
1:00 Musical Memories: The Eagles-FL
2:30-5:30pm 20th Celebration
6:15 Penny Bingo-FL

Celebrating
— 20 YEARS —

19
8:45am The Daily Grind Coffee Group-FL
9:45am **Depart: Early Birders-FL**
10:30 Live 2B Healthy- FL
12:30pm Sole Sister & Misters- FF
1pm The Afternoon Glue Crew-FL
1pm **Dominoes-CH**
2pm Happy Hour with Janet Lieb -DR
3:30 Hangman -FL
4:45pm **Depart: Lavander Farm with Live Music and Lemonade Bar-FF**
6:00 500-L

20
9am The Coffee Connection-FL
10am **Golf the card game-L**
10:15 Workout with Darrel-FL
2pm **Dominoes-CH**
2pm Candy Bar Bingo-ML
3:15pm Deal Me In! Card Club-FL
5:30 Saturday Screener: FL
6pm **Kings on corner-L**

21
9am St. Joseph's Catholic Mass-FL
10am **Dominoes-CH**
10:30 Presbyterian Service-FL
12:30 After Lunch Connections-BP
1:30 Penny Bingo-FL
2:45pm The Afternoon Shufflers-L
3Non-denominational Church Service-FL
4:15-5:15 Sunset Stories-FP

22
9am Rosary-L
9:15 Caffeine Queens: Exploring Coffee Shops-FF
10:30 Getting to Know Summit Pointe: Storm Orentation and Procedures-FL
12:30pm Sole Sister & Misters- FF
1:00pm Pete, Deb and Dave Band-FL *New Music*
2 **Dominoes-CH**
2:45 Men's Microbrew Crew & Pool -CH
3:30 MAC Fitness-3rd FL
4:15-5:15 Porch Party- FP
5:30 Monday Matinee: 27 Dresses -FL
6 **Cribbage-L**

23
9am **Depart: Fareway-FF**
9:15 Time Hop: Fall of the Berlin Wall-FL
10:30 **Lunch Bunch: CHeddars-FF**
10:30 Live 2b Healthy- FL
1:00pm Vitals-2nd Floor Nurse's Office
1:00pm Handyman's Corner: Whittling-FL
2 **Sparkle & Shine Diamond Dots-L**
2:15pm The Backyard Bowl: Frisbee Golf-BP
3 Penny Bingo-FL
4:15-5:15 Tee Time-FP

24
9:15 **Depart: Back to Nature Photo Club-FF**
9:30am Christian Worship-ML
10:15am The Wild Card Crew-FL
12:30pm Sole Sister & Misters- FF
1:15pm DIY: Pressed Flower Suncatcher-FL
1:30pm Catholic Communion- L
2:30pm Circle of Friends: Snow Cone Social-BP
2:00pm **Dominoes-CH**
3:30pm MAC Fitness- FL
4:15-5:15 Vine & Vinyl's-FP
6:00pm Symphonettes-FL

25
8:45am **Walmart-FL**
9:15am Bible Study with Steve -L
10:30 MAC Fitness- FL
1:00pm Tenant Council-FL
2:30pm **Depart: Twin Pines Mini Golf-FF**
5:30 The Campfire Chronicle-BP
6:15 Penny Bingo-FL

26
8:45am The Daily Grind Coffee Group-FL
9:45am **Depart: Early Birders-FL**
10:30 Live 2B Healthy- FL
12:30 pm Sole Sister & Misters- FF
1pm The Afternoon Glue Crew-FL
1pm **Dominoes-CH**
2pm Happy Hour with Jessica Mar Duo-DR
3:30 Name the Price-FL
6:00 500-L
6:00pm Miss to Mrs Party-FL

27
9am The Coffee Connection-FL
10 am **Golf the card game-L**
10:15 Workout with Darrel-FL
2pm **Dominoes-CH**
2pm St. Joes Patriotic Music Performance -FL
2pm Candy Bar Bingo-ML
3:15pm Deal Me In! Card Club-FL
5:30 Saturday Screener: FL
6pm **Kings on corner-L**

28
9am St. Joseph's Catholic Mass-FL
10am **Dominoes-CH**
10:30 Presbyterian Service-FL
12:15 **Depart: Indian Creek Nature Center Golf Cart Tour-FF**
12:30pm After Lunch Connections-BP
1:30 Penny Bingo-FL
2:45pm The Afternoon Shufflers-L
3 Non-denomintional Church Service-FL
4:15-5:15 Sunset Stories-FP

29
9am Rosary-L
9:15 Caffeine Queens: Exploring Coffee Shops-FF
10:30 Micro-Reads-L
12:30pm Sole Sister & Misters- FF
1:30 Art History Month: Learning about Pointillism Masterpieces-FL
2 **Dominoes-CH**
2:45 Men's Microbrew Crew & Pool -CH
3:30 MAC Fitness-FL
4:15-5:15 Porch Party- FP
5:30 Monday Matinee: Bad News Bears-FL
6 **Cribbage-L**

30
9am **Depart: Hy-Vee-FF**
9:15 Time Hop: When The Beatles Came to America-FL
10:15-**Riverside Casino-FF**
10:30 Live 2b Healthy- FL
2 **Sparkle & Shine Diamond Dots-L**
1pm Handyman's Corner: Leather Working-FL
2:15pm The Backyard Bowl: Yard Darts-BP
3pm Penny Bingo-FL
4:15-5:15 Tee Time-FP

June 2026

30
Room Key:
BP=Back Patio
CH= Club House
DR=Dining Room
BW=Brentwood Dining Room
FF=Front Foyer
FL= Fireside lounge
FP=Front Patio
L=Library
ML=Memory Lane
PDR=Private Dining Room
SR= Sewing Room
ER=Exercise Room
Sign up needed
Independent Activities