

Happy BIRTHDAYS

Staff Birtheday
 5/13 Ursula R.
 5/19 Melinda H.

Tenant Birthdays
 5/03 Cleta E.
 5/08 Barb H.
 5/10 Darrel P.
 5/13 Karen H.
 5/14 Donna G.
 5/18 Patty B.
 5/19 Judy T.
 5/19 Marion M.
 5/22 Shirley B.
 5/23 Rita F.



Join the

CELEBRATION!



Happy

ANNIVERSARIES

1 year Anthony Casco 5/27



Hello MAY 2026

Life Choices: It's all about Living

May arrives with a sense of renewal – longer days, brighter skies, and a gentle reminder to slow down and enjoy the simple joys around us. It brings moments of joy, gratitude, and togetherness. It's a time for fresh air on the patio, laughter during activities, meaningful conversations, and the small daily rituals that make our community feel like home.

As we move through this beautiful month, may we find reasons to smile, opportunities to connect, and moments that remind us how special it is to be part of Summit Pointe.

This month, we take time to honor all the women who have shaped our lives in meaningful ways. Mother's Day reminds us that "mothering" is not defined by biology alone. It lives in:

- Friends who offered guidance just when we needed it
- Sisters who protected and encouraged us
- Aunts who loved us like their own
- Grandmothers whose wisdom still echoes
- And our cherished pet moms, whose nurturing hearts bring comfort and companionship

To every woman in our Summit Pointe family who has ever shared strength, kindness, or care – we celebrate you.

Wishing everyone a bright, joyful, and heart-warming May.

Summit Pointe Leadership Team

Welcome to NEW SUMMIT POINTE TENANTS



Jim H.



Marsha K.

As our Summit Pointe family continues to grow, we want to make it easier for everyone-especially our newest tenants-to learn names and feel connected. Wearing your name tag is a simple, friendly way to help neighbors recognize one another and build new friendships with confidence.

The Summit Pointe Family is intentionally enhancing the lives of everyone.

Summit Pointe Health Corner



May Health Spotlight: National Senior Health & Fitness Day

Each May, communities across the country come together to celebrate National Senior Health & Fitness Day, the nation's largest annual event promoting wellness for older adults. This year, the event falls on Wednesday, May 27, and it serves as a powerful reminder that staying active is one of the most important steps we can take to support healthy aging.

Why This Day Matters

Regular movement does far more than strengthen muscles – it supports nearly every part of our well-being. According to national organizers, staying active helps improve balance, maintain strength, protect heart health, and even support cognitive function as we age.

Even small amounts of daily activity can boost energy, improve mood, and help maintain independence.

Simple Ways to Celebrate at Summit Pointe

You don't need a gym or special equipment to participate. Here are easy, senior-friendly ways to honor the day and support your health all month long:

Take a short walk – a lap around the courtyard or down the hallway counts.

Join group activities that get you moving, whether it's chair exercises, stretching, or light balance work.

Try a new wellness habit, like morning stretches or deep-breathing breaks.

Stay socially active – connecting with neighbors is good for emotional and cognitive health.

Enjoy outdoor time when the weather is pleasant; fresh air naturally boosts mood and energy.

The Spirit of May: Fresh Starts & Healthy Habits

May is a month of renewal, making it the perfect time to recommit to your well-being.

Whether you're adding a few extra steps to your day or trying a new activity, every effort supports a healthier, more vibrant life.

A Community That Moves Together

National Senior Health & Fitness Day encourages older adults nationwide to participate in wellness events that support long-term health. Summit Pointe is proud to join in that spirit by fostering opportunities for movement, connection, and joyful living.

Let's make this May a month of energy, confidence, and healthy habits – one step at a time.



Sports Center



May 1-10

May 1 – vs. Arizona – 2:20 PM

May 2 – vs. Arizona – 2:20 PM

May 3 – vs. Arizona – 2:20 PM

May 4 – vs. Cincinnati – 7:40 PM

May 5 – vs. Cincinnati – 7:40 PM

May 6 – vs. Cincinnati – 7:40 PM

May 7 – vs. Cincinnati – 2:20 PM

May 8 – at Texas – 8:05 PM

May 9 – at Texas – 7:05 PM

May 10 – at Texas – 2:35 PM

May 12-20

May 12 – at Atlanta – 7:15 PM

May 13 – at Atlanta – 7:15 PM

May 14 – at Atlanta – 7:15 PM

May 15 – at Chicago White Sox – 7:40 PM

May 16 – at Chicago White Sox – 7:10 PM

May 17 – at Chicago White Sox – 2:10 PM

May 18 – vs. Milwaukee – 7:40 PM

May 19 – vs. Milwaukee – 7:40 PM

May 20 – vs. Milwaukee – 7:40 PM

May 22-31

May 22 – vs. Houston – 2:20 PM

May 23 – vs. Houston – 2:20 PM

May 24 – vs. Houston – 2:20 PM

May 25 – at Pittsburgh – 6:40 PM

May 26 – at Pittsburgh – 6:40 PM

May 27 – at Pittsburgh – 6:40 PM

May 28 – at Pittsburgh – 6:40 PM

May 29 – at St. Louis – 8:15 PM

May 30 – at St. Louis – 7:15 PM

May 31 – at St. Louis – 7:20 PM



NHL Playoff Schedule – May 2026

May 1

Lightning at Canadiens – 7:00 PM

Sabres at Bruins – 7:30 PM

Golden Knights at Mammoth – 10:00 PM

May 2

Stars vs. Wild – Game 7 – 12:00 PM

May 3-5

No official game times posted at publication

May 6-31

Second-round and conference finals games occur throughout May

Exact dates and matchups will be added as the NHL releases them

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NBA Playoff Schedule – May 2026

May 1

Pistons at Magic – Game 6 – 6:00 PM

Cavaliers at Raptors – Game 6 – 6:30 PM

Lakers at Rockets – Game 6 – 8:30 PM

May 2

76ers at Celtics – Game 7 (if needed) – Time TBD

Hawks at Knicks – Game 7 (if needed) – Time TBD

Raptors at Cavaliers – Game 7 (if needed) – Time TBD

Timberwolves at Nuggets – Game 7 (if needed) – Time TBD

May 4-31

Conference Semifinals, Conference Finals, and NBA Finals begin

Official game-by-game dates will be added as the league posts them

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with Megan Swanson

“There are many who say, ‘Who will show us some good? Lift up the light of your face upon us, O Lord!’ You have put more joy in my heart than they have when their grain and wine abound. In peace I will both lie down and sleep; for you alone, O Lord, make me dwell in safety.” Psalm 4:6-8



Living in a hurried, frantic, and materialistic world, we are surrounded by people who are searching for peace and joy-- typically in the wrong places. Some find joy in the amount of money they have; others find joy in the things they can accomplish. The problem with these things is they are finite. If we rely on these things to bring us joy, we will eventually be grasping for something more as money, material possessions, and the list of to-do's runs out. If we find joy in these things, when will they be enough to satisfy us?

True satisfaction and joy comes from knowing the Good Shepherd who knows us by name and calls us His. His love is infinite and will never run out. Our worldly possessions and accomplishments pale in comparison to God and what He offers us when we live a life rooted in Him. As the psalmist writes, He allows us to peacefully dwell in safety in all circumstances. Come to Him.



Life Enrichment Activities

Monday's

We will be doing a new sports theme throughout the month every Monday. We will do sport legends of Summit Pointe. We invite Tenants to bring something to share Monday March 25th at 1pm. Kent Stock will be giving a presentation on his movie "The Final Season" on May 18th.

We also will be starting an activity where we go through mini time capsule to guess the period that we are looking at. Then in the final week we will make our own Time Capsule.

Tuesday's

On May 5th we will be learning about the new ordering system. We have two times that Anthony will be explaining the new system. Those times are 9:15am and 1pm in Fireside Lounge. Marci will be here May 5th as Clara Barton at 2pm in Fireside Lounge. We will also be doing Activities around National Military Appreciation Month that includes learning about the Tomb of the Unknown Soldier, History of Memorial Day, and Operation Gratitude (we will make cards for soldiers). We have also started a fishing group called Coffee, Cast, & Chat. This is on Tuesdays at 10:15am. We will go fishing at local places. No fishing license is required. We have also started a walking group where we go out to local trails and walk.

Wednesday's

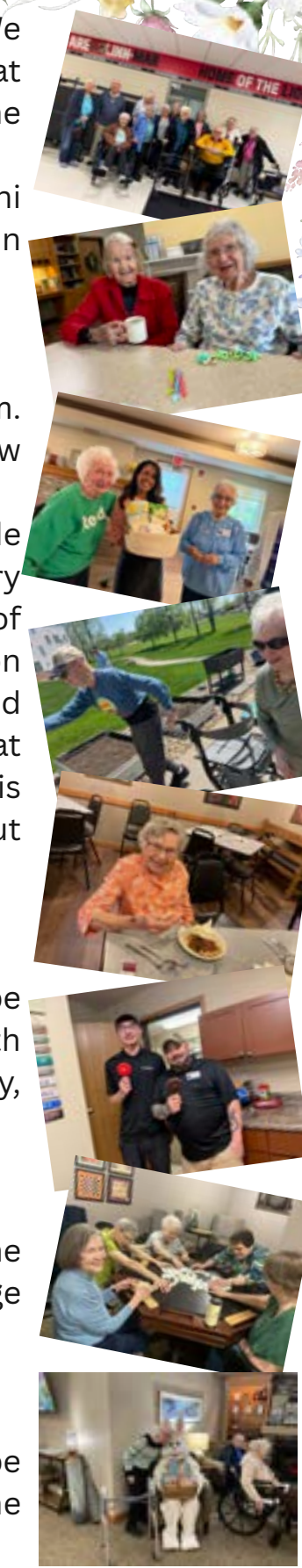
We have a new coffee group called Cups of Courage. We hope people will bring their stories about being part of family with veterans in it. We have changed our walking club to Monday, Wednesday, and Friday at 12:30pm.

Thursday's

We will be also doing some garden tours with picnics. In the Afternoon we will be rotating between going to the driving range and going mini golfing.

Friday

We will be starting a birdwatching group on Fridays. We will be doing some outings to go bird watching. We will be doing The Afternoon Glue Crew which is a crafting club.



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2026



Room Key:
 BP=Back Patio
 CH= Club House
 DR=Dining Room
 BW=Brentwood Dining Room
 FF=Front Foyer
 FL=Fireside lounge
 FP=Front Patio
 L=Library
 ML=Memory Lane
 PDR=Private Dining Room
 SR= Sewing Room
 ER=Exercise Room

Sign up needed
 Independent Activities

9am St. Joseph's Catholic Mass-FL 3
 10am Dominoes-CH
 10:30 Presbyterian Service-FL
 12:30
 1:30 Penny Bingo-FL
 2:45pm Depart: Chalk the Walk -FF
 3 Non-denominational Church service- FL

9am Rosary-PDR 4
 9:15am Spring Gala Committee Meeting-FL
 10:15 Getting to know the Calander-FL
 12:30pm Sole Sister & Misters- FF
 1-Bookworms-L
 1:30pm Sports Legends of Iowa-FL
 2 Dominoes-CH
 2:45 Time Capsule- Guess the Event-FL
 3:30pm MAC Fitness-FL
 4:15-5:15 Tee Time-FP
 5:30Monday Matinee:Night at the Museum-FL
 6 Cribbage-L

9am Depart: Hy-Vee -FF 5
 9:15 Learning the New Order Process-FL
 10:15 Depart: Coffee, Cast & Chat-FF
 10:30 Live 2b Healthy-FL
 1:00pm Learning the New Order Process-FL
 2 Marci's Memorables-Clara Barton -FL
 2 Sparkle & Shine Diamond Dots-L
 3:15pm Penny Bingo-FL
 4:30-5:15 Tableside Talkers -FP
 6:30 Noelridge Christian Choir Performance-FL

Poditirst 1-3 6
 9:15am Cups of Courage- Veterns Coffee Group-PDR
 9:30am Christian Worship-ML
 10:15am The Wild Card Crew-FL
 10:45am Marion Library Book Mobile-FF
 12:30 pm Sole Sister & Misters- FF
 1:15pm Soundtracks of My Life-FL
 1:30pm Catholic Communion- L
 2:30pm Chef Talk-FL
 2:00pm Dominoes-CH
 3:30pm MAC Fitness-FL
 4:15-5:15 The Sit & Spill Club-FP
 6:00pm Symphonettes-FL

8:45am Depart: Hobby Lobby-FF 7
 9:15am Bible Study with Steve -L
 10:15am Depart Garden Tour & Picnic: Lowe Park-FF
 10:30 MAC Fitness-FL
 1:00pm Musical Memories: Count Vasie-FL
 2:30pm Depart: Twin Pines Mini Golf-FF
 4-5:15 Sunset Circle-BP
 6:15 Penny Bingo-FL

National Have A Coke Day 8
 9:15am The Early Birders Birdwatching-FF
 10:30 Live 2B Healthy-FL
 12:30pm Sole Sister & Misters- FF
 1pm The Afternoon Glue Crew-FL
 1pm Dominoes-CH
 2pm Happy Hour with Larry Jansen -DR
 3:30-4:15pm Coke & A Joke Crew-FL
 6:00 500-L

8:45am Depart: Master Gardener 9
 Plant Sale at Lowe Park-FF
 10:15 Workout with Darrel-FL
 10am Golf the card game-L
 2pm Dominoes-CH
 2pm Candy Bar Bingo-ML
 3:15pm Deal Me In! Card Club-FL
 5:30 Saturday Screener:Night at the Museum: Battle of the Smithsonian -FL FL
 6pm Kings on corner-L

9am St. Joseph's Catholic Mass-FL 10
 10am Dominoes-CH
 10:30 Presbyterian Service-FL
 1:30 Penny Bingo-FL
 2:45 King's, Queens & Cocktails-L
 3 Non-denominational Church Service-FL
 4:15-5:15 Stories at Sunset-FP

9am Rosary-PDR 11
 9:15 Spring Gala Committee Meeting-FL
 10:15 Summit Pointe Connects-FL
 12:30 pm Sole Sister & Misters- FF
 1:30pm Sports Legends of Summit Pointe: Staff Members-FL
 2 Dominoes-CH
 2:45 Time Capsule- Guess the Era-FL
 3:30 MAC Fitness-FL
 4:15-5:15 Tee Time-FP
 5:30 Monday Matinee: Night at the Museum:Secret of the Tomb -FL -FL
 6 Cribbage-L

9am Depart: Aldi-FF 12
 9:15 National Military Appreciation Month: Tomb of the Unknown Soilder-FL
 10:15 Depart: Coffee, Cast & Chat-FF
 10:30 Live 2b Healthy-FL
 12:30pm Trailblazers: Lowe Park Trail-FF
 1:30 Floyd Sandford: "A Visit to England"-FL
 2 Sparkle & Shine Diamond Dots-L
 3 Penny Bingo-FL
 4:15-5:15 Tableside Talkers -FP

9:15am Cups of Courage- Veterns Coffee Group-PDR 13
 9:30am Christian Worship-ML
 10:15am The Wild Card Crew-FL
 10:45am Marion Library Book Mobile-FF
 12:30pm-Nailed it! Nail Care for All-Salon
 12:30 pm Sole Sister & Misters- FF
 1:15pm Soundtracks of My Life: Novelty/Dance Songs -FL
 1:30pm Catholic Communion- L
 2:30pm Garden Club: Depart to Get Plants-FF
 2:00pm Dominoes-CH
 3:30pm MAC Fitness-FL
 4:15-5:15 The Sit & Spill Club-FP
 6:00pm Symphonettes-FL

9:15am Depart: Homegoods-FF 14
 9:15 Bible Study with Steve -L
 10:00am Tech Made Easy-L
 10:30 MAC Fitness-FL
 11:30am New Tenant Luncheon-FL
 1pm-3pm Massages *Must Sign Up*
 1:00 Musical Memories: Rosemary Clooney- FL
 2:30pm Depart: Driving Range-FF
 4-5:15 Sunset Circle-BP
 6:15 Penny Bingo-FL

National Chocolate Chip Day 15
 9:15am Depart: The Early Birders Birdwatching-FF
 10:30 Live 2B Healthy- FL
 12:30pm Sole Sister & Misters- FF
 1pm The Afternoon Glue Crew-FL
 1pm Dominoes-CH
 2pm Happy Hour with Dave Poggenklass -DR
 3:30 Chocolate Chips Chatties-FL
 6:00pm-Senior Gala-FL
 6:00 500-L

9am Depart: Kite Festival- FF 16
 10am Golf the card game-L
 10:15 Workout with Darrel-FL
 2pm Dominoes-CH
 2pm Candy Bar Bingo-ML
 3:15pm Deal Me In! Card Club-FL
 5:30 Saturday Screener: Kent Stock's Movie "The Final Season" -FL
 6pm Kings on corner-L

9am St. Joseph's Catholic Mass-FL 17
 10am Dominoes-CH
 10:30 Presbyterian Service-FL
 12:30 Mid-Day Mingle-FL
 1:30 Penny Bingo-FL
 2:45 King's, Queens & Cocktails-L
 3Non-denominational Church Service-FL
 4:15-5:15 Stories at Sunset-FP

9am Rosary-PDR 18
 9:15 Summit Pointe Sewing Meeting-FL
 10:15 Summit Pointe Connects-FL
 12:30pm Sole Sister & Misters- FF
 1-Bookworms-L
 1:30pm Sports Legends of Summit Pointe: Kent Stock Baseball Presentation -FL
 2 Dominoes-CH
 2:45 Time Capsule- Guess the Trend-FL
 3:30 MAC Fitness-3rd FL
 4:15-5:15 Tee Time-FP
 5:30 Monday Matinee: Home Team-FL
 6 Cribbage-L

9am Depart: Dollar Tree-FF 19
 9:15 National Military Appreciation Month: History of Memorial Day-FL
 10:15 Lunch Bunch: Scott's Family Resturaunt-FF
 10:30 Live 2b Healthy- FL
 12:30pm Trailblazers: Gill Park Trail -FF
 1:00pm Vitals-2nd Floor Nurse's Office
 1:30pm Armchair Travel: Washington DC-FL
 2 Sparkle & Shine Diamond Dots-L
 3 Penny Bingo-FL
 4:15-5:15 Tableside Talkers-FP
 6:30 Depart: Paramount *Ticket Holder*

9:15 9:15am Cups of Courage- Veterns Coffee Group-PDR 20
 9:30am Christian Worship-ML
 10:15am The Wild Card Crew-FL
 12:30pm Sole Sister & Misters- FF
 1:15pm Soundtracks of My Life: Guess the Instrument -FL
 1:30pm Catholic Communion- L
 2:30pm Tasting with Tony-FL
 2:00pm Dominoes-CH
 3:30pm MAC Fitness- FL
 4:15-5:15 The Sit & Spill Club-FP
 6:00pm Symphonettes-FL

8:45am Depart:Walmart-FF 21
 9:15am Bible Study with Steve -L
 10:15am Depart Garden Tour & Picnic: Noelridge Park-FF
 10:30 MAC Fitness- FL
 1:00pm Musical Memories: Carole King-FL
 2:30pm Depart: Twin Pines Mini Golf-FF
 4-5:15 Sunset Circle-BP
 6:15 Penny Bingo-FL

National Taffy Day 22
 9:15am Depart: The Early Birders Birdwatching-FF
 10:30 Live 2B Healthy- FL
 12:30 pm Sole Sister & Misters- FF
 1pm The Afternoon Glue Crew-FL
 1pm Dominoes-CH
 2pm Happy Hour with Flipside-DR
 3:30 Taffy & Talking Club-FL
 6:00 500-L

9am The Coffee Connection-FL 23
 10 am Golf the card game-L
 10:15 Workout with Darrel-FL
 2pm Dominoes-CH
 2pm Candy Bar Bingo-ML
 3:15pm Deal Me In! Card Club-FL
 5:30 Saturday Screener: The Long Game-FL
 6pm Kings on corner-L

9am St. Joseph's Catholic Mass-FL 24
 10am Dominoes-CH
 10:30 Presbyterian Service-FL
 12:30 Mid-Day Mingle-FL
 1:30 Penny Bingo-FL
 2:45 King's, Queens & Cocktails-L
 3 Non-denomintional Church Service-FL
 4:15-5:15 Stories at Sunset-FP

9am Rosary-PDR 25
 9:15 Daybreak & Delights Coffee- BP
 10:15 Summit Pointe Connects-FL
 12:30pm Sole Sister & Misters- FF
 1:00pm Sports Legends of Summit Pointe: Tenants-FL
 2pm Symphonettes Concert-DR
 2 Dominoes-CH
 3:30 MAC Fitness-FL
 4:15-5:15 Tee Time-FP
 5:30 Monday Matinee: Red Notice -FL
 6 Cribbage-L

9am Depart: Fareway -FF 26
 9:15 National Military Appreciation Month: Operation Gratitude-FL
 10:15-Meskwaki Casino
 10:30 Live 2b Healthy- FL
 2 Sparkle & Shine Diamond Dots-L
 1pm Getting to Know Summit Pointe: Storm Orientation & Procedures-FL
 2:45pm Time Capsule- Create the Capsule-FL
 3pm Penny Bingo-FL
 4:15-5:15 Tableside Talkers-FL

9:15am Cups of Courage- Veterns Coffee Group-PDR 27
 9:30am Christian Worship-ML
 10:15am The Wild Card Crew-FL
 12:30 pm Sole Sister & Misters- FF
 1:15pm Soundtracks of My Life: Finish the Lyrics -FL
 1:30pm Catholic Communion- L
 2:30pm The History of Ordinary Things Planting & Farming- FL
 2:00pm Dominoes-CH
 3:30pm MAC Fitness- FL
 4:15-5:15 The Sit & Spill Club-FP
 6:00pm Symphonettes-FL

9:15am Bible Study with Steve -L 28
 9:45am Depart: Stuff Etc
 10:30 MAC Fitness- FL
 1:00pm Tenant Council-FL
 2:00pm Musical Memories: Duke Ellington- FL
 2:30pm Depart: Driving Range-FF
 4-5:15 Sunset Circle-BP
 6:15 Penny Bingo-FL

9:15am Depart:The Early Birders Birdwatching-FF 29
 10:30 Live 2B Healthy- FL
 12:30pm Sole Sister & Misters- FF
 1pm The Afternoon Glue Crew-FL
 1pm Dominoes-CH
 2pm Happy Hour - DR
 3:30-4:15pm Minute to Win It Games-FL
 6:00 500-L

9am The Coffee Connection-FL 30
 10 am Golf the card game-L
 10:15 Workout with Darrel-FL
 2pm Dominoes-CH
 2pm Candy Bar Bingo-ML
 3:15pm Deal Me In! Card Club-FL
 5:30 Saturday Screener: The Adam Project-FL
 6pm Kings on corner-L