# Festive Fiesto Fun: Like Enrichment

Gardening Club will be starting in May. The meetings will be held on Mondays at 1:30pm on the Back Patio.

Make sure to join us for surprise events on Wednesdays at 2:15pm in the fireside lounge!

We are excited to announce we will be adding Target and Walmart back on the shopping rotation! Make sure to sign up for these trips!

Floyd Sandford will be here on Thursday May 1<sup>st</sup> at 1:30pm in Fireside Lounge. He will be going over the Hiking the Cotswold Way.

We will be having a Kentucky Derby party on Saturday May 3<sup>rd</sup> at 4:30pm in Fireside Lounge. Make sure to join us!

Aaron Shoemaker will be here on Monday May 5<sup>th</sup> at 2 pm in Fireside Lounge. Be sure to join us!

Marci's Memorables will be sharing a presentation on Elenor Roosevelt on Tuesday, May 6<sup>th</sup> at 2:00pm in the Fireside lounge.

On Tuesday May 13<sup>th</sup> at 10:15am we will be having a meet and greet with the new nurses Denise and Kim. Please join us to give them a warm welcome to Summit Pointe!

Art Joy Connect with Corrine will be here on Wednesday May 14<sup>th</sup> at 1:00pm in the Fireside lounge. We will be going on quite the adventure and learning about.

We will be going out to West End Dinner on Tuesday May 20<sup>th</sup>. We will depart at 11am.

We will be going to the Coe Quilt Show on Friday May 16<sup>th</sup>. The bus will depart at 9:45am. The cost is \$8 to attend.

On Tuesday May 27<sup>th</sup> we are going to Meskwaki Casino in Tama. We will depart at 11am.





## Sign ups >

5/1 Michaels 9:00am 5/6 Dollar Tree 9:00am 5/8 Target 8:30am 5/8 Scenic Drive 1:45pm 5/13 Fareway 9:15am

5/15 Kohls 9:00am 5/16 Coe Quilt Show 9:45am 5/20 Hy-vee 9:15am 5/20 West End Diner 11:00am 5/22 Walmart 8:30am 5/22 Scenic Drive 1:45pm 5/27 Aldi 9:15am 5/27 Meskwaki 11:00am 5/29 Tj Maxx 9:15am 5/29 Scenic Drive 1:00pm

The Summit Pointe Family is intentionally enhancing the lives of everyone.







### An Introduction to your SP Nurses



Hello and thank you to everyone for the warm welcome!

My name is Kim Comisky and my husband James both grew up in Osage Iowa. I joined the Air Force when I turned 18 to get an education and see the world. After Basic Training I was stationed at Chanute Air Force Base in Champaign, IL for six years, where I received my nurses training. I have had the privilege to work in many different areas of health care in the past 30 years.

We have 4 grown children and 5 grandchildren. James and I enjoy spending time in our gardens, taking the boat out fishing, golfing, and long walks with our mini goldendoodle, Dakota.

In my spare time I like to quilt and play with the grandkids. We are members of St. Ludmila Catholic Church and the Ely American Legion.

I welcome you to knock on my door and introduce yourself!



Hello Summit Pointe Tenants,

First, thank you all for your patience as I make my rounds and get a chance to meet and get to know you! I look forward to meeting everyone in time!

Here's a little information about myself, I graduated from Mount Mercy College in 1995 and received my master's in nursing from Allen College in 2003.

I have worked primarily in the world of orthopedic surgery, with most of my time at the university of Iowa on the Adult Reconstruction ortho surgery team. When i first graduated from nursing I worked in long term care and the skilled nursing setting. On my off time I enjoy biking, traveling and spending time with family. I grew up in Tipton, IA and have spent most of my life in this area. My parents still live in the house we grew up in! I have 2 BEAUTFIUL daughters. My youngest in serving in the Air Force at Little Rock Airforce Base. My oldest daughter is a nurse and lives here in Marion with her husband and daughter.



## Christian Corner

"For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do." Philippians 2:10.

Have you ever felt invisible? Maybe it was as a child at school, feeling like no one wanted to be your friend. Maybe it was as a teenager, feeling like you would never be understood. Maybe as an adult, feeling overwhelmed with the pressures of life. Or maybe it is now, the Golden Years, feeling alone, like maybe you don't have purpose anymore.

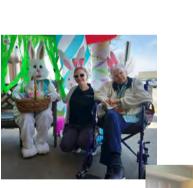
I think we all know what it is like to feel invisible.

The good news is, even when it feels like it, we aren't.

There is someone in heaven, our Creator, our Father, who sees us every single moment and loves us deeply.

A contemporary Christian band, called, For King and Country, sings a song simply titled "Matter." The chorus goes like this: "To the One who spoke and set the sun ablaze/To the One who stopped the storm and walked the waves/To the One who took the tree so He could say/You matter, I hope you know you matter."

You matter so much to the Living God. He sees you and knows you and has a purpose for your life. In Philippians 2 we read that God has created us specifically for unique works on earth. Our God loves us enough to bring us into His mission. He doesn't need us, yet He wants us on His team. How amazing is that! God sees you and has a purpose for you, right now, just where you are. Spend some time reflecting on this and asking God what His purpose for you right now is. To end, I will share another line from this song. Always remember that no matter what, "You're a treasure, I hope you know you're treasured."













SUN	MON	TUE	WED	THUR	FRI	SAT
				PIT 11:35 AM	MIL 7:10 PM	MIL BHO PM
MIL	SF BADAM	SF BASPM	SF L20 PM	8	NYM 6:10 PM	NYM 8:15 PM
NYM 10:35 AM	MIA BADPU	MIA BASPM	MIA 5:40 PM	15	CWS L25 PM	CWS
CWS 1:20 PM	MIA 5:40 PM	MIA 5:40 PM	MIA (2:10 PM	22	CIN 5:40 PM	24 CIN 310 PM
CIN 12:40 PM	COL 1:20 PM	COL 7:05 PM	COL 1/25 PM	29	CIN 129 PM	CIN E20 PM

# Sombrero Scoop: Summit Pointe Updates



We will be bringing out the patio cushions in May, hopefully avoiding the majority of those April showers!

Have you noticed the ducks and geese in our gardens? DON'T FEED THEM! Although they are adorable, we don't not want the mess they leave on the sidewalks.

Remember if you pay for garage parking, please stay within in the lines of your stall. This will leave room for new tenants to park.

If you need your AC covers removed, put in a work order at the front desk.

### Front Desk: Dana, Julie, Michael & Delaina

Reminder: during holidays the front desk will close early. In May we observe Memorial Day, the doors will be locked early.

IF you are making traveling plans in May, for Memorial day PLEASE sign in and out of the tenant binder (located under the television in the lobby). If you are going to be gone overnight, please let the front desk know when you will be gone and return.

#### A<mark>ssista</mark>nt Director: Karla Graves

We've hired a new maintenance assistant-Caleb! Make sure you introduce yourself-but remember all work requests should go through the front desk.

If you haven't met him already, Prince is our new driver!

We do all we can to accommodate your transportation needs. It is helpful to us to know at least 24 hours ahead of time of your scheduled appointment.

### **Executive Director: Melinda Haley**

Storm season is fast approaching. Their are several ways learn what to do in case of a storm. Make sure you look over your tenant handbook for details OR attend the Storm/Fire/Pendent safety orientation in May. Last, it is for both tenant and staff benefit to participate in any emergency drills.



# Senior Director of Community Outreach/Development: Kayla Howk-Erwin

We have some really great opportunities for tenants to adventure out on Day trips From May through October.

Make sure you sign up today! To sign up go to the front desk. These spots fill up quickly, the sooner you sign up the more likely you'll be able to go!

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## May is Older Americans Month

There's lots to celebrate this May arrives. Along with the flowers, there is Mother's Day, Cinco de Mayo, Memorial Day, the Kentucky Derby and the national observance month honoring older Americans, "May is Older Americans Month."

When Older Americans Month was established in over 50 years ago in 1963, only 17 million living Americans had reached their 65th birthday.

About a third of older Americans lived in poverty and there were few programs to meet their needs. Interest in older Americans and their concerns was growing.

Ameeting in April 1963 between President John F. Kennedy and members of the National Council of Senior Citizens led to designating May as "Senior Citizens Month," the prelude to "Older Americans Month."

Historically, Older Americans Month has been a time to acknowledge the contributions of past and current older persons to our country, in particular those who defended our country.

Every President since Kennedy has issued a formal proclamation during or before the month of May asking that the entire nation pay tribute in some way to older persons in their communities.

With over 44 million people today over 65, there is much to celebrate and honor. Older Americans Month is celebrated across the country through ceremonies, events, fairs, and other such activities. This year, the U.S. Administration on Aging, which is now part of the Administration for Community Living, under the U.S. Department of Health and Human Services, is promoting the theme "Blaze a Trail to Reinvention."

#### **Reinvention tips**

Many retirees are finding new inspiration in second careers, helping others, discovering new interests, and pursuing dreams. Reinventing yourself can be fun and rewarding. Even better: it is also good for your mental and physical well-being.

Whether you are planning for retirement or simply looking to get involved in new activities, start by thinking about your skills, dreams, and passions.

Express yourself through the arts. Learn to paint or draw, dust off those dancing shoes, or put your musical talent to use. Take a class in stand-up comedy or acting, or finally write that story. Even if you never felt artistic, everyone has the ability to be creative. As a bonus, studies show that the arts can improve brain health.

Keep learning and growing! Learn a new language or take a computer class. Or, maybe you have always wanted to travel and discover other cultures. No matter what you choose, pursuing a new interest will help keep you happy, healthy, and connected.

Consider using your years of experience to serve others. Volunteers meet a range of community needs, from mentoring at-risk youth to providing job training to helping families recover from disasters.

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#### The benefits

- Helps keep your mind active
- Helps maintain physical health
- Provides structure and routine
- Connects you with the community
- Promotes social activities
- Helps prevent isolation
- Provides income in some cases

