


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BDR - Brentwood Dining Room BP = Back Patio CDR = Carlisle Dining Room FD = Front Desk FF = Front Foyer FL = Fireside Lounge FP = Front Porch L = Library, 2nd Floor PDR = Private Dining Room SP = Summerset	7:30 Breakfast, News, chronicles Exercise: Tai Chi Read aloud short stories: Harkness house Creative hands: Magazine art 11:15 Lunch & Relaxation Afternoon walks Game Day: shut the box Velcro ball 4:15 Dinner & Music	7:30 Breakfast, News, chronicles Exercise: Strength & weights Hymns & Devotions Quick bake cookies 11:15 Lunch & Relaxation Afternoon walks Bingo Cookies & small talk by the window 4:15 Dinner & Music	7:30 Breakfast, News, Chronicles Exercise: Dancercise Hand massages & Manicures Brain games: three word connection 11:15 Lunch & Relaxation Afternoon walks Let's get physical-golf Junk Drawer Detective 4:15 Dinner & Music	7:30 Breakfast, News, chronicles Exercise: Move those joints The artist in you: celebrating you Reminiscing: can you picture this 11:15 Lunch & Relaxation Afternoon walks Card bingo Music by Glenn Miller 4:15 Dinner & Music	7:30 Breakfast, News, chronicles Exercise: Yoga What's cooking: Hot chocolate dip Mindful meditation: water 11:15 Lunch & Relaxation Afternoon walks Animal Riddle Jumble Helpful chores: silverware 4:15 Dinner & Music	7:30 Breakfast & Good News Bingo Exercise 11:15 Lunch & Relaxation Activities w/ Becky 4:15 Dinner & Music
Activities with RAs	7:30 Breakfast, News, chronicles Exercise: Tai Chi Read aloud short stories Creative hands: Shamrock pin 11:15 Lunch & Relaxation Afternoon walks Game Day: EZ Yahtzee Noodle hockey 4:15 Dinner & Music	7:30 Breakfast, News, chronicles Exercise: Strength & weights Hymns & Devotions Quick bake cookies 11:15 Lunch & Relaxation Afternoon walks Bingo Cookies & small talk by the window 4:15 Dinner & Music	7:30 Breakfast, News, chronicles Exercise: Dancercise Hand massages & Manicures Brain games: card matching 11:15 Lunch & Relaxation Afternoon walks Let's get physical-tennis Crazy quilt squares 4:15 Dinner & Music	7:30 Breakfast, News, chronicles Exercise: Move those joints The artist in you: prayer flags Reminiscing bag: dating 11:15 Lunch & Relaxation Afternoon walks Card bingo Sing & Shake –Along MIY percussion Stick 4:15 Dinner & Music	7:30 Breakfast, News, chronicles Exercise: Yoga What's cooking: Pimento cheese dip Mindful meditation: birds 11:15 Lunch & Relaxation Afternoon walks Star of the month: Steve McQueen Helpful chores: dusting 4:15 Dinner & Music	7:30 Breakfast & Good News Bingo Exercise 11:15 Lunch & Relaxation Activities w/ Kayla 4:15 Dinner & Music
Activities with RAs	7:30 Breakfast, News, chronicles Exercise: Tai Chi Read aloud short stories: Tales of the Irish Creative hands: Lucky shamrock charm 11:15 Lunch & Relaxation Afternoon walks Game Day: Knock 100 Rummy Bowling ring toss 4:15 Dinner & Music	7:30 Breakfast, News, chronicles Exercise: Strength & weights Hymns & Devotions Quick bake cookies 11:15 Lunch & Relaxation Afternoon walks Bingo Cookies & small talk by the window 4:15 Dinner & Music	7:30 Breakfast, News, chronicles Exercise: Dancercise Hand massages & Manicures Brain games: Group up 11:15 Lunch & Relaxation Afternoon walks Let's get physical-Frisbee St. Patty's Day Celebration 4:15 Dinner & Music	7:30 Breakfast, News, chronicles Exercise: Move those joints The artist in you: Mixed media Reminiscing: Best recipes 11:15 Lunch & Relaxation Afternoon walks Card bingo The sound of instruments 4:15 Dinner & Music	7:30 Breakfast, News, chronicles Exercise: Yoga What's cooking: Pistachio Pudding Mindful meditation: forest 11:15 Lunch & Relaxation Afternoon walks Travelogue (streaming) Ireland Helpful chores: sweep 4:15 Dinner & Music	7:30 Breakfast & Good News Bingo Exercise 11:15 Lunch & Relaxation Activities w/ Jessie 4:15 Dinner & Music
Activities with RAs	7:30 Breakfast, News, chronicles Exercise: Tai Chi Read aloud short stories Creative hands: Mandalas 11:15 Lunch & Relaxation Afternoon walks Game Day: Stuck in the mud Smash it ball 4:15 Diner & Music	7:30 Breakfast, News, chronicles Exercise: Strength & weights Hymns & Devotions Quick bake cookies 11:15 Lunch & Relaxation Afternoon walks Bingo Cookies & small talk by the window 4:15 Dinner & Music	7:30 Breakfast, News, chronicles Exercise: Dancercise Hand massages & Manicures Brain games: Puzzles & Ponderings (3) 11:15 Lunch & Relaxation Afternoon walks Let's get physical-volleyball Home renovation mad libs 4:15 Dinner & Music	7:30 Breakfast, News, chronicles Exercise: Move those joints The artist in you: Paint the mood Reminiscing: springtime 11:15 Lunch & Relaxation Afternoon walks Card bingo Nate King Cole 4:15 Dinner & Music	7:30 Breakfast, News, chronicles Exercise: Yoga What's cooking: St. Pat's surprise cookies Mindful meditation: night 11:15 Lunch & Relaxation Afternoon walks Finish the quilt card game Helpful chores: laundry 4:15 Dinner & Music	7:30 Breakfast & Good News Bingo Exercise 11:15 Lunch & Relaxation Activities w/ Katey 4:15 Dinner & Music
Activities with RAs	7:30 Breakfast, News, chronicles Exercise: Tai Chi Read aloud short stories: Mystery Knitters Creative hands: Crayon art 11:15 Lunch & Relaxation Afternoon walks Frisbee golf Summit Pointe gives back: plastic beds	7:30 Breakfast, News, chronicles Exercise: Strength & weights Hymns & Devotions Quick bake cookies 11:15 Lunch & Relaxation Afternoon walks Bingo Cookies & small talk by the window 4:15 Dinner & Music	7:30 Breakfast, News, chronicles Exercise: Dancercise Hand massages & Manicures Brain games: This and That 11:15 Lunch & Relaxation Afternoon walks Let's get physical-shuffle board 4:15 Dinner & Music	<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="text-align: center;"> <h1 style="margin: 0;">2021 March</h1> </div> <div style="text-align: right;">  <p>Summit Pointe Senior Living</p> </div> </div>		