

SUNDAY



Summit Pointe Senior Living

The calendar is subject to change at anytime.

Remember to wear your masks outside of your apartments.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

6

2:00 Popcorn & Movie
It's a wonderful Life

7

7:30 Breakfast & News
Arms & Core Exercise
Nativity Scene hanging
Who/what am I?
11:15 Lunch & Relaxation
Winter Bowl
Dice game: tenzies
4:15 Dinner & Music

8

7:30 Breakfast & News
Yoga & Meditation
Hymns & Devotions
Card Bingo
11:15 Lunch & Relaxation
Walk & Talk
Partridge in a Pear Tree
Recipes Round-up
4:15 Dinner & Music

9

7:30 Breakfast & News
Lower Body Exercise
Manicures
Christmas bulbs
11:15 Lunch & Relaxation
After lunch stretch
Card Game: Euchre
Finish the Sayings
4:15 Dinner & Music

10

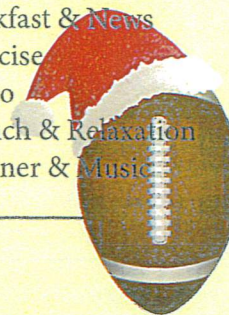
7:30 Breakfast & News
Tai Chi (Exercise)
Spiced Molasses Cookies
Bingo
11:15 Lunch & Relaxation
Snack & Story window
Spin class
Finish the Christmas Lyrics
4:15 Dinner & Music

11

7:30 Breakfast & News
Joint workout
Let's reminisce-gift giving
Christmas Cards
11:15 Lunch & Relaxation
Balloon-er-cise
Concentration
4:15 Dinner & Music

12

Hawkeye vs.
Wisconsin Badgers
7:30 Breakfast & News
Exercise
Bingo
11:15 Lunch & Relaxation
4:15 Dinner & Music



13

2:00 Popcorn & Movie
Miracle on 34th Street



14

7:30 Breakfast & News
Arms & Core Exercise
Crayon shaving bulbs
Favorite Christmas stories
11:15 Lunch & Relaxation
Bear Hunt
Dice game: stuck mud
4:15 Dinner & Music

15

7:30 Breakfast & News
Yoga & Meditation
Hymns & Devotions
Card Bingo
11:15 Lunch & Relaxation
Walk & Talk
Match up
4:15 Dinner & Music

16

7:30 Breakfast & News
Lower Body Exercise
Manicures
Cone Trees
11:15 Lunch & Relaxation
After lunch stretch
Card Game: Uno
4:15 Dinner & Music

17

7:30 Breakfast & News
Tai Chi (Exercise)
Festive Fruitcake cookie
Bingo
11:15 Lunch & Relaxation
Snack & Story by the window
Spin Class
Frank Sinatra songs
4:15 Dinner & Music

18

7:30 Breakfast & News
Joint workout
Let's reminisce-holiday traditions
Candy cane candle holder
11:15 Lunch & Relaxation
Balloon-er-cise
Tenant Christmas Party
4:15 Dinner & Music

19

Big Ten Championship
7:30 Breakfast & News
Exercise
Bingo
11:15 Lunch & Relaxation
4:15 Dinner & Music

20

2:00 Popcorn & Movie
A Christmas Story

21

7:30 Breakfast & News
Arms & Core Exercise
Candy Dish w/wine glasses
Christmas at the White House
11:15 Lunch & Relaxation
Candy Cane Golf
Dice game: Yahtzee
4:15 Dinner & Music

22

7:30 Breakfast & News
Yoga & Meditation
Hymns & Devotions
Card Bingo
11:15 Lunch & Relaxation
Walk & Talk
Trivia
4:15 Dinner & Music

23

7:30 Breakfast & News
Lower Body Exercise
Manicures
Warmzies
11:15 Lunch & Relaxation
After lunch stretch
Card Game: Uno
4:15 Dinner & Music

24

7:30 Breakfast & News
Tai Chi (Exercise)
Christmas Cranberry Cake
Bingo
11:15 Lunch & Relaxation
Snack & Story by the window
Spin Class
Christmas sing a long
4:15 Dinner & Music

25

Merry Christmas



7:30 Breakfast & News
Exercise
Bingo
11:15 Lunch & Relaxation
4:15 Dinner & Music

27

2:00 Popcorn & Movie
A White Christmas

28

7:30 Breakfast & News
Arms & Core Exercise
Winter painting
Star of the month
11:15 Lunch & Relaxation
Snowball Tennis
Dice game: toss up
4:15 Dinner & Music

29

7:30 Breakfast & News
Yoga & Meditation
Hymns & Devotions
Card Bingo
11:15 Lunch & Relaxation
Walk & Talk
A Pun-y Stocking!
4:15 Dinner & Music

30

7:30 Breakfast & News
Lower Body Exercise
Manicures
I spy sensory bags
11:15 Lunch & Relaxation
After lunch stretch
Moonlit Ballerina
4:15 Dinner & Music

31

7:30 Breakfast & News
Tai Chi (Exercise)
Easy Cracker Cookies
Bingo
11:15 Lunch & Relaxation
Lemon Coconut Tartlets
Snack & Story by the window
Spin class
4:15 Dinner & Music

December 2020

Please remember that this calendar could change weekly. We will post updated activity schedules at the front desk and elevators.