



Life Enrichment Assessment

Name: _____

Demographics:

Marital Status: Married Widow Divorced Single

Spouse name: _____ Anniversary date:

Date of Birth: _____ Children?

How did you spend your free time before moving to Summit Pointe?

What Current Programs you enjoy attending?

Is there anything that you would like to do that you aren't currently doing? Would you like to try something new?

Do you have any "Bucket List" items?

Daily Routines:

What times of the day do you prefer to:

Wake up: _____ Naps: Yes No Time: _____

Relax _____

Socialize _____

Be Active _____ What time do you like to go to Bed? _____

Alone Time _____

Hobbies:

What did you like to do in your: 20s _____ 40s _____

60s _____

now _____

RESIDENT PREFERENCES											
ACTIVITY PURSUIT PATTERNS											
KEY: P=PAST C=CURRENT N=NO INTEREST											
P	C	N	ACTIVITY	P	C	N	ACTIVITY	P	C	N	ACTIVITY
			Card Playing				Shopping				Pet Visits
			Games				Community Outings				Children's Visits
			Crafts/Art				Being Outdoors				Volunteer Service
			Exercise				Parties/Social Events				Clubs/Organizations
			Reading				TV Viewing				Collections/Hobbies
			Writing				Movie Viewing				Sensory Group
			Music Listening				Gardening/Plants				Other:
			Singing				Talking/Conversing				Other:
			Instrument playing				Discussion Group				Other:
			Spiritual/Religious Activities				Cooking/Baking				Other:

Additional Interest:

Card Player: Rummy 500 Hand & Foot Euchre Bridge
 Pinochle Cribbage Black Jack Poker Hearts
Spades
 Uno Other_____ Other_____

Games: Checkers Chess Yahtzee Bingo Sorry Risk
 Other_____ Other_____ Other_____

Arts & Crafts:

Reading & Writing:

Sports:

Music:

Gardening/outdoor:

Social opportunity:

Outings:

Are you interested in day trips? Yes No

Out to Eat Theatre Music events Movies Museums Community events
 Shopping Sporting events Other _____

Educational Opportunity:

Art Classes: painting, pottery, stain glass, ceramics, woodworking, other?

Sewing Classes?

Cooking Classes?

Dance Classes?

Book Club?

Cards/Games?

Poetry?

History?

Bible Study?

Other Opportunities:

Bingo

Pool

Other Games

Talents/Collections:

Volunteer work:

Organizations/ Clubs You Belong to:

Are you interested in Volunteering at Summit Pointe? Yes No

Good Neighbor Garden Club Dining Host Library Club

Nursing Home Ministry



Religious Views:

Do you regularly attend Church?

(Worship/devotions, bible/book study, relaxation, prayer)

Denomination:

Home Church:

Tell about your family life?

Additional Information: