



Navigating Aging Transitions

Aging Services and Right at Home have teamed up to present a FREE lunch and learn series designed to help retirees, adult caregivers & older adults navigate aging transitions



Ground Hog Day.....

.....All Over Again!

Stephanie Humphries, Owner of Right at Home, will lead us through the dimensions of dementia regarding risk factors, signs, symptoms, and progression of the disease. As a Dementia and Cognitive Support Specialist, Stephanie will teach caregivers effective techniques for working with the behavior and personality changes associated with this disease. It is crucial to empower yourself with tools for managing the changes that occur as a result of dementia. Local resources will also be shared to add to your dementia toolbox.

June 18th

Mark your calendars!

Join us at Hills Bank & Trust (3204 7th Ave in Marion) from 12 - 1 pm.

Please RSVP by calling Jo Haddad at Aging Services 398-3644

Lunch provided by Summit Pointe Senior Living

