



# March 2019

# Secured Living Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Game Time 11:15-1:00 Lunch/Relaxation 1:00 Bingo 2:00 Happy Hour 3:30 Hand Massages 4:15-5:00 Dinner/Music	<b>2</b> 7:30-9:30 Breakfast/Crossword 9:30 Daily News/Clipping Coupons 10:00 Willow Therapy Dog 11:15-1 Lunch/Relaxation 1:30 Baking 2:00 Snack/Music 2:30 Puzzles/Games 3:30 Bingo 4:15 Dinner/Music
<b>3</b> 7:30-9:30 Breakfast/Crossword 9:30 Daily News/Clipping Coupons 10:00 Library Visit 11:15-1 Lunch/Relaxation 1:30 Creative Craft 2:15 Snack/Music 3:00 Puzzles/Games 4:15 Dinner/Music	<b>4</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Hand Massages/Manicure 11:15-1:00 Lunch/Relaxation 1:00 Bingo 2:00 Snack 3:00 Puzzles/Games 4:15-5:00 Dinner/Music	<b>5</b> 7:30-9:30 Brkfast/Crosswords 9:30 Church/Choir FL 10:30 Brain Games 11:15-1:00 Lunch/Relaxation 1:15 Exercise 2:00 National Geographic Video 3:00 Puzzles/Games 4:15-5:00 Dinner/Music	<b>6 Ash Wednesday</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Hand Massages/Manicure 11:15-1:00 Lunch/Relaxation 1:00 Bingo 2:00 Perry Mason TV or Social Hour FL 3:30 Puzzles/Games 4:15-5:00 Dinner/Music	<b>7</b> 7:30-9:30 Brkfast/Crosswords 9:30 Game Time 10:00 Painting/Art 11:15-1:00 Lunch/Relaxation 1:15 Exercise 2:00 National Geographic Video <b>2:30 Van Ride</b> 4:15-5:00 Dinner/Music 6:30Movie	<b>8</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Game Time 11:15-1:00 Lunch/Relaxation 1:00 Bingo 2:00 Happy Hour 3:30 Hand Massages 4:15-5:00 Dinner/Music	<b>9</b> 7:30-9:30 Breakfast/Crossword 9:30 Daily News 10:00 Out & About Walk 11:15-1 Lunch/Relaxation 1:30 Baking 2:00 Snack/Music 2:30 Puzzles/Games 3:30 Family Bingo 4:15 Dinner/Music
<b>10 Daylight Savings Begins</b> 7:30-9:30 Breakfast/Crossword 9:30 Daily News/Clipping Coupons 10:00 Library Visit 11:15-1 Lunch/Relaxation 1:30 Creative Craft 2:15 Snack/Music 3:00 Puzzles/Games 4:15 Dinner/Music	<b>11</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Hand Massages/Manicure 11:15-1:00 Lunch/Relaxation 1:00 Bingo 2:15 La La Ladies CDR 3:00 Puzzles/Games 4:15-5:00 Dinner/Music	<b>12</b> 7:30-9:30 Brkfast/Crosswords 9:30 Church/Choir FL 10:00 Jonny-Flute Player 11:15-1:00 Lunch/Relaxation 1:15 Exercise 2:00 National Geographic Video 3:00 Puzzles/Games 4:15-5:00 Dinner/Music	<b>13</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Hand Massages/Manicure 11:15-1:00 Lunch/Relaxation 1:00 Bingo 2:00 Perry Mason TV or Social Hour FL 3:30 Puzzles/Games 4:15-5:00 Dinner/Music	<b>14</b> 7:30-9:30 Brkfast/Crosswords 9:30 Game Time 10:00 Painting/Art 11:15-1:00 Lunch/Relaxation 1:15 Eldred Piano man 2:00 National Geographic Video <b>2:30 Van Ride</b> 4:15-5:00 Dinner/Music 6:30Movie	<b>15</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Game Time 11:15-1:00 Lunch/Relaxation 1:00 Bingo 2:00 Happy Hour 3:30 Hand Massages 4:15-5:00 Dinner/Music	<b>16</b> 7:30-9:30 Breakfast/Crossword 9:30 Daily News 10:00 Out & About Walk 11:15-1 Lunch/Relaxation 1:30 Baking 2:00 Snack/Music 2:30 Puzzles/Games 3:30 Family Bingo 4:15 Dinner/Music
<b>17 St. Patrick's Day</b> 7:30-9:30 Breakfast/Crossword 9:30 Daily News/Clipping Coupons 10:00 Library Visit 11:15-1 Lunch/Relaxation 1:30 Creative Craft 2:15 Snack/Music 3:00 Puzzles/Games 4:15 Dinner/Music	<b>18</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Hand Massages/Manicure 11:15-1:00 Lunch/Relaxation 1:00 Bingo 2:15 Heartland CDR 3:00 Puzzles/Games 4:15-5:00 Dinner/Music	<b>19</b> 7:30-9:30 Brkfast/Crosswords 9:30 Church/Choir FL 10:30 Brain Games 11:15-1:00 Lunch/Relaxation 1:15 Exercise 2:00 National Geographic Video 3:00 Puzzles/Games 4:15-5:00 Dinner/Music	<b>20 First Day of Spring</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Hand Massages/Manicure 11:15-1:00 Lunch/Relaxation 1:00 Bingo 2:00 Perry Mason TV or Social Hour FL 3:30 Puzzles/Games 4:15-5:00 Dinner/Music	<b>21</b> 7:30-9:30 Brkfast/Crosswords 9:30 Game Time 10:00 Painting/Art 11:15-1:00 Lunch/Relaxation 1:15 Exercise 2:00 National Geographic Video <b>2:30 Van Ride</b> 4:15-5:00 Dinner/Music 6:30Movie	<b>22</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Game Time 11:15-1:00 Lunch/Relaxation 1:00 Bingo 2:00 Happy Hour 3:30 Hand Massages 4:15-5:00 Dinner/Music	<b>23</b> 7:30-9:30 Breakfast/Crossword 9:30 Daily News 10:00 Out & About Walk 11:15-1 Lunch/Relaxation 1:30 Baking 2:00 Snack/Music 2:30 Puzzles/Games 3:30 Family Bingo 4:15 Dinner/Music
<b>24/31</b> 7:30-9:30 Breakfast/Crossword 9:30 Daily News/Clipping Coupons 10:00 Library Visit 11:15-1 Lunch/Relaxation 1:30 Creative Craft 2:15 Snack/Music 3:00 Puzzles/Games 4:15 Dinner/Music	<b>25</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Hand Massages/Manicure <b>11:00 Depart for MJ's Lunch</b> 1:00 Bingo 2:00 Snack 3:00 Puzzles/Games 4:15-5:00 Dinner/Music	<b>26</b> 7:30-9:30 Brkfast/Crosswords 9:30 Church/Choir FL 10:30 Brain Games 11:15-1:00 Lunch/Relaxation 1:15 Exercise 2:00 National Geographic Video 3:00 Puzzles/Games 4:15-5:00 Dinner/Music	<b>27</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Hand Massages/Manicure 11:15-1:00 Lunch/Relaxation 1:00 Bingo 2:00 Perry Mason TV or Social Hour FL 3:30 Puzzles/Games 4:15-5:00 Dinner/Music	<b>28</b> 7:30-9:30 Brkfast/Crosswords 9:30 Game Time 10:00 Painting/Art 11:15-1:00 Lunch/Relaxation 1:15 Exercise 2:00 National Geographic Video <b>2:30 Van Ride</b> 4:15-5:00 Dinner/Music 6:30Movie	<b>29</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Game Time 11:15-1:00 Lunch/Relaxation 1:00 Bingo 2:00 Happy Hour 3:30 Hand Massages 4:15-5:00 Dinner/Music	<b>30</b> 7:30-9:30 Breakfast/Crossword 9:30 Daily News 10:00 Out & About Walk 11:15-1 Lunch/Relaxation 1:30 Baking 2:00 Snack/Music 2:30 Puzzles/Games 3:30 Family Bingo 4:15 Dinner/Music