

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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BDR = Brentwood Dining Rm
 BP = Back Patio
 CDR = Carlisle Dining Rm
 FD = Front Desk
 FF = Front foyer
 FL = Fireside Lounge
 FP = Front Porch
 L = Library, 2nd Floor
 PDR = Private Dining Rm
 SP = Summerset



February 2019



Be sure to sign up for the items highlighted in yellow.

See our Activity Summary pages in the Sign-Up book for a brief description of listed activities.
 Those activities noted with an asterisk(*) have further information on the summary.

NATIONAL WEAR RED DAY 1
 9:00 Catholic Word L
 9:00 Live to Be Healthy FL
 2:00 Happy Hour w/ Scott Engeldow CDR
 6:00 IA Men's Basketball vs. Michigan 3rd floor

GROUND HOG DAY 2
 10:00 Sit & Be Fit DVD FL
 2:00 Dominoes L
 6:00 Movie and Popcorn: **Groundhog Day** FL

1:30 Penny Bingo FL **3**
 2:45 **Sunday Drive Mansions of Linn County**
 5:30 Super Bowl Party FL
 6:00 Movie & Popcorn: **Book Club L**

8:30 Catholic Rosary L **4**
 9:00 Stretch & Chat (Topic- Winter Comforts) FL
 10:00 Book Club L
 1:00 Penny Bingo FL
 2:00 National Parks Video FL
 3:30 Live to Be Healthy FL
 6:00 SP Card Club FL

9:15 **Depart for Dollar Tree 5**
 9:30 Church FL
 10:00 Choir FL
 10:00 Knitting, Crochet & Chat L
 10:30 Making Valentines FL
 1:00 Dominoes L
 2:00 Chocolate Documentary & Tasting FL
 3:30 Chair Yoga FL

9:00 Sit and Be Fit FL **6**
 10:00 Brain Games FL
 1:00-4:00 **Dr Parker**
 2:15 Chef's Demo Tenant Social Hour FL
 2:15 Blood Pressure Check
 3:30 Live to Be Healthy FL

9:15 **Depart to Hy-Vee 7**
 10:30 Ladies Tea FL
 1:30 Good Neighbor Kick-off Mtg FL
 3:30 Mind and Body Exercise FL
 6:00 **Depart for Community Concert Series**
 6:30 Penny Bingo FL

9:00 Catholic Word L **8**
 9:00 Live to Be Healthy FL
 2:00 Happy Hour w/ Ken Lee CDR

10:00 Sit & Be Fit DVD FL **9**
 1:00 Marcie's Memorable presentation on St. Valentine FL
 2:00 Dominoes L
 6:30 Church w/Jackson/ Linda and Bob FL

1:30 Penny Bingo FL **10**
 2:45 **Sunday Drive Bald Eagle Viewing**
 5:30 IA Men's Basketball vs. Northwestern 3rd floor
 6:00 Movie & Popcorn: **Love The Coopers** FL

8:30 Catholic Rosary L **11**
 9:00 Stretch & Chat FL (Topic-High School Memories)
 10:00 Book Club L
 1:00 Penny Bingo FL
 2:00 Making Valentines FL
 3:30 Live to Be Healthy FL
 6:00 SP Card Club FL

9:30 Church FL **12**
 10:00 Choir FL
 10:00 Knitting, Crochet & Chat L
 10:30 Poetry Class FL
 11:00 **Depart for lunch at Chrome Horse**
 1:00 Dominoes L
 2:00 Quality Food Group PDR
 3:30 Chair Yoga FL

9:00 Sit and Be Fit FL **13**
 10:00 Brain Games FL
 2:00 Tenant Social Hour FL
 2:15 Blood Pressure Check
 3:30 Live to Be Healthy FL

VALENTINES DAY 14
 9:15 **Depart to Fareway**
 9:30 Catholic Mass L
 10:00 Magician Tim Stolba FL
 2:00 The Armchair Traveler-"7 Interesting Places to Visit" FL
 3:30 Mind and Body Exercise FL
 6:30 Penny Bingo FL

9:00 Catholic Word L **15**
 9:00 Live to Be Healthy FL
 10:00 Habits for Healthy People presented by Sue Ducey FL
 2:00 Happy Hour w/Dick n Jim CDR

10:00 Sit & Be Fit DVD FL **16**
 2:00 Dominoes L
 5:00 IA Men's Basketball vs. Rutgers 3rd floor
 6:30 Marion Methodist Church FL

1:30 Penny Bingo FL **17**
 2:45 **Sunday Drive Lover's Lane**
 6:00 Movie & Popcorn: **The Proposal** FL

8:30 Catholic Rosary L **18**
 9:00 Stretch & Chat FL (Topic-Old Time Radio)
 10:00 Book Club L
 1:00 Penny Bingo FL
 2:15 LaLa Ladies FL
 3:30 Live to Be Healthy FL
 6:00 SP Card Club FL

9:15 **Depart to Aldi's 19**
 9:30 Church FL
 10:00 Choir FL
 10:00 Knitting, Crochet & Chat L
 10:30 President Documentary FL
 11:30 Men's Pizza/Pool 3rd Fl
 1:00 Dominoes L
 2:00 Old Time TV-Perry Mason FL
 3:30 Chair Yoga FL

9:00 Sit and Be Fit FL **20**
 9:30 Garden Club SP
 10:00 Brain Games FL
 2:00 Tenant Social Hour FL
 2:15 Blood Pressure Check
 3:30 Live to Be Healthy FL

9:15 **Depart to Walmart 21**
 10:30 Eurial from Camp Courageous with Therapy Dog FL
 1:30 This is Your Life: Lyle Sannes FL
 3:30 Mind and Body Exercise FL
 6:30 Penny Bingo FL

FEBRUARY BIRTHDAYS 22
 9:00 Catholic Word L
 9:00 Live to Be Healthy FL
 10:00 Tenant Council FL
 2:00 Happy Hour w/Janet Leib CDR
 Snack: Birthday Cake

10:00 Sit & Be Fit DVD FL **23**
 2:00 Dominoes L
 6:30 Church w/Jackson/ Linda and Bob FL

1:30 Penny Bingo FL **24**
 2:45 **Sunday Drive Driver's Choice**
 6:00 Movie & Popcorn: **Goodbye Christopher Robin** FL

8:30 Catholic Rosary L **25**
 9:00 Stretch & Chat FL (Topic-Bedtime Stories)
 10:00 Book Club L
 1:00 Penny Bingo FL
 2:00 Art Journal FL
 3:30 Live to Be Healthy FL
 6:00 SP Card Club FL

9:30 Church/Choir FL **26**
 9:30 **Depart to Meskwaki Casino**
 10:00 Knitting, Crochet & Chat L
 10:30 Scrapping Magazines FL
 1:00 Dominoes L
 1:30 Movie-**Singing in the Rain** FL
 3:30 Chair Yoga FL
 6:00 Wine Club FL

Manicures By Tessa 27
 9:00 Sit and Be Fit FL
 10:00 Brain Games FL
 2:00 Tenant Social Hour FL
 3:30 Live to Be Healthy FL

9:15 **Depart to Hy-Vee 28**
 11:00 **Depart for lunch - Fong's Pizza**
 3:30 Mind and Body Exercise FL
 6:30 Penny Bingo FL



February

Violet flower signifies humility, virtue and moral. You always give your best shot in life and stay positive. You have an innate ability to learn new things. Wisdom comes naturally to you, as you are bright and intelligent. You always follow your heart.