



# February 2019

# Secured Living Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1 National Wear Red Day</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Game Time 11:15-1:00 Lunch/Relaxation 2:00 Happy Hour Music with Scott Engeldow CDR 3:30 Hand Massages 4:15-5:00 Dinner/Music	<b>2 GROUND HOG DAY</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Willow Therapy Dog 11:15-1:00 Lunch/Relaxation 1:30 Creative Craft 2:00 Baking/Snack 3:00 Puzzles/Board Games 4:15-5:00 Dinner/Music 6:00 Movie: <b>Groundhog Day</b>
<b>3</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Creative Craft 11:15-1:00 Lunch/Relaxation 1:30 Baking 2:00 Table top Games 3:00 Puzzles/Board Games 4:15-5:00 Dinner/Music	<b>4</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Hand Massages/Manicure 11:15-1:00 Lunch/Relaxation 1:00 National Parks Presentation 2:00 The Armchair Traveler - "7 Interesting Places to Visit" 3:00 Puzzles/Board Games 4:15-5:00 Dinner/Music	<b>5</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 9:30 Church/Choir FL 10:30 Brain Games 11:15-1:30 Lunch/Relaxation 1:30-2:30 Happy Hour w/Roy Stover 3:00 Creative Craft 4:15-5:00 Dinner/Music	<b>6</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Hand Massages/Manicure 11:15-1:00 Lunch/Relaxation 1:00 National Parks Presentation 2:00 Bingo or Social Hour FL 3:30 Puzzles/Board Games 4:15-5:00 Dinner/Music	<b>7</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise/Outing 10:00 Painting 11:15-1:30 Lunch/Relaxation <b>2:30 Van Ride</b> 4:15-5:00 Dinner/Music 6:30Movie	<b>8</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Game Time 11:15-1:00 Lunch/Relaxation 2:00 Happy Hour Music with Ken Lee CDR 3:30 Hand Massages 4:15-5:00 Dinner/Music	<b>9</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Creative Craft 11:15-1:00 Lunch/Relaxation 1:30 Baking 2:00 Marcie's Memorables 3:00 Puzzles/Board Games 4:15-5:00 Dinner/Music
<b>10</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Games 11:15-1:00 Lunch/Relaxation 1:30 Baking 2:00 Creative Time 3:00 Puzzles/Snack 4:15-5:00 Dinner/Music	<b>11 Leona's Birthday</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Hand Massages/Manicure 11:15-1:00 Lunch/Relaxation 1:00 National Parks Presentation 2:00 Bingo 3:00 Puzzles/Board Games 4:15-5:00 Dinner/Music	<b>12</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 9:30 Church/Choir FL 10:30 Brain Games 11:15-1:30 Lunch/Relaxation 2:00 Dominoes 3:00 Creative Craft 4:15-5:00 Dinner/Music	<b>13</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Hand Massages/Manicure 11:15-1:00 Lunch/Relaxation 1:00 National Parks Presentation 2:00 Bingo or Social Hour FL 3:30 Puzzles/Board Games 4:15-5:00 Dinner/Music	<b>14 VALENTINES DAY</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise/Outing 10:00 Magic Show FL 11:15-1:30 Lunch/Relaxation 1:15 Piano Music with Eldred <b>2:30 Van Ride</b> 4:15-5:00 Dinner/Music 6:30Movie	<b>15</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Game Time 11:15-1:00 Lunch/Relaxation 2:00 Happy Hour Music with Dick n Jim CDR 3:30 Hand Massages 4:15-5:00 Dinner/Music	<b>16</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Creative Craft 11:15-1:00 Lunch/Relaxation 1:30 Baking 2:00 Table top Games 3:00 Puzzles/Board Games 4:15-5:00 Dinner/Music
<b>17</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Creative Craft 11:15-1:00 Lunch/Relaxation 1:30 Baking 2:00 Table top Games 3:00 Puzzles/Board Games 4:15-5:00 Dinner/Music	<b>18</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Hand Massages/Manicure 11:15-1:00 Lunch/Relaxation 1:00 National Parks Presentation 2:15 LaLa Ladies FL 3:00 Puzzles/Board Games 4:15-5:00 Dinner/Music	<b>19</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 9:30 Church/Choir FL 10:30 Brain Games 11:15-1:30 Lunch/Relaxation 1:30-2:30 Happy Hour w/Dick n Jim 3:00 Creative Craft 4:15-5:00 Dinner/Music	<b>20</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Hand Massages/Manicure 11:15-1:00 Lunch/Relaxation 1:00 National Parks Presentation 2:00 Bingo or Social Hour FL 3:30 Puzzles/Board Games 4:15-5:00 Dinner/Music	<b>21</b> 7:30-9:30 Brkfast/Crosswords 9:30 Eurial from Camp Courageous with Therapy Dog 10:00 Painting 11:15-1:30 Lunch/Relaxation 1:30 This is Your Life: Lyle Sannes FL <b>2:30 Van Ride</b> 4:15-5:00 Dinner/Music 6:30Movie	<b>22</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Game Time 11:15-1:00 Lunch/Relaxation 2:00 Happy Hour Music with Janet Leib CDR 3:30 Hand Massages 4:15-5:00 Dinner/Music	<b>23 RANDOM ACTS OF KINDNESS DAY</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Creative Craft 11:15-1:00 Lunch/Relaxation 1:30 Baking 2:00 Snack 3:00 Puzzles/Listen to the classics 4:15-5:00 Dinner/Music
<b>24</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Coupon Clipping 11:15-1:00 Lunch/Relaxation 1:30 Baking 2:00 Board Games/Snack 3:00 Puzzles/Classic Music 4:15-5:00 Dinner/Music	<b>25</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Hand Massages/Manicure <b>11:00 Depart for Lunch at Hy-Vee</b> 11:15-1:00 Lunch/Relaxation 1:00 National Parks Presentation 2:00 Bingo 3:00 Puzzles/Board Games 4:15-5:00 Dinner/Music	<b>26</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 9:30 Church/Choir FL 10:30 Brain Games 11:15-1:30 Lunch/Relaxation 2:00 Dominoes 3:00 Creative Craft 4:15-5:00 Dinner/Music	<b>27 Manicures By Tessa</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise 10:00 Hand Massages/Manicure 11:15-1:00 Lunch/Relaxation 1:00 National Parks Presentation 2:00 Bingo or Social Hour FL 3:30 Puzzles/Board Games 4:15-5:00 Dinner/Music	<b>28</b> 7:30-9:30 Brkfast/Crosswords 9:30 Exercise/Outing 10:00 Painting 11:15-1:30 Lunch/Relaxation 1:00 Visit/games Brigitte/girls <b>2:30 Van Ride</b> 4:15-5:00 Dinner/Music 6:30Movie		