


December 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>SP=Summerset CDR=Carlisle Dining Rm BDR=Brentwood Dining Rm PDR=Private Dining Room FF=Front foyer FL=Fireside Lounge FP= Front Porch BP=Back Patio L=Library, 2nd Floor</p>					<p>1 9:00 Catholic Word and Communion Service L 9:00 Live 2B Healthy FL 10:00 Tenant Trading Post SP 12:30 Depart to Cedar Rapids Nativity Celebration* 1:00 New Book Club PDR 2:00 Happy Hour: Ron Burgess, CDR Snack: Crackers and Cheese Dip</p>	<p>2 1:00 - 3:00 Thanksmas Party 10:00 Sit and Be Fit DVD FL 2:00 Dominoes BDR 2:00 Thanksmas Music: Terry McCauley, CDR 6:30 Church Service: Matthew W. All Day: Brain Games FD</p>
<p>3 1:00 Depart to Coe College Concert Choir Concert 1:30 Penny Bingo FL 2:30 Let's Play Pool 3rd Floor 6:00 Movie & Popcorn – FL</p>	<p>4 9:00 Catholic Rosary L 9:00 Fall Prevention Exercise FL 10:00 Garden Club Meeting 11:30 Men's Holiday Luncheon*, FL 1:30 Penny Bingo BDR 3:30 Live 2B Healthy FL 6:00 Christmas Caroling by American Heritage Girls, CDR 6:00 SP Card Club, FL</p>	<p>5 9:30 Church: Pastor Darin FL 10:00 Summit Pointe Choir FL 10:30 Summit Pointe Bells FL 11:00 Depart to Dollar General 2:00 This is Your Life, Jack Walters, FL 3:30 Chair Yoga with Cyndy Logue FL</p>	<p>69:00 Sit & Be Fit FL 9:30 Walking Club 10:00 Alpha Bible Study, FL 10:30 Depart to 'Your Other Lunch Option' at Prairiewoods* 1:00 Blue Zone Moai group PDR 1:00 Dr. Parker 2:00 Tenant Social Hour FL 2:15 Free Blood Pressure Check 2nd Floor 3:30 Live 2B Healthy FL 6:30 Movie and Popcorn- FL</p>	<p>7 9:00 Depart: HyVee 9:30 Depart: HyVee 10:40 Echo Hill Singers FL 1:00 Knit, Crochet and Chat SP 2:00p La La Singers CDR 3:30 Mind/Body Exercise, FL 6:30 Penny Bingo FL PEARL HARBOR DAY</p>	<p>8 9:00 Catholic Word and Communion Service L 9:00 Live 2B Healthy FL 10:00 Tenant Trading Post SP 10:00 Excelsior Orchestra Performance FL 1:00 New Book Club PDR 2:00 Happy Hour: David Poggenklass, CDR Snack: Stuffed Olives</p>	<p>9 10:00 Sit and Be Fit DVD FL 11:00 Adult Coloring time FL 1:30 Iowa Ingredient Video, Chestnuts, FL 2:00 Dominoes BDR 6:00 Christmas Carolers FL 6:30 Church service: Jackson DeFrees, Linda DeFrees & Bob Matthews, FL All Day: Brain Games FD</p>
<p>10 1:30 Penny Bingo FL 1:00 Depart to Marion Big Band Concert at Coggon Opera House* 2:30 Let's Play Pool 3rd Floor 5:00 Iowa/Iowa State Basketball pre-game and game FL</p>	<p>11 9:00 Catholic Rosary L 9:00 Fall Prevention Exercise FL 10:00 Library Meeting FL 1:30 Penny Bingo FL 3:30 Live 2B Healthy FL 5:30 Depart to Christmas Light Tour* 6:00 SP Card Club, FL</p>	<p>12 9:30 Church: Pastor Darin FL 10:00 Summit Pointe Choir FL 10:30 Summit Pointe Bells FL 10-12:00 Kindred at Home Balance Screening*, FL 11:00 Depart to PCI Lunch, Handling Grief During the Holidays* 2:00 Quality Food Group FL 3:30 Chair Yoga with Cyndy Logue – FL 6:30 Pack 560, Bowman Woods Cub Scouts Caroling</p>	<p>13 9:00 Sit & Be Fit FL 9:30 Walking Club 10:00 Alpha Bible Study, FL 1:00 Blue Zone Moai Group PDR 2:00 Tenant Social Hour FL 2:15 Free Blood Pressure Check 2nd Floor Nurse's Station 3:30 Live 2B Healthy FL</p>	<p>14 9:00 Depart: Walmart 9:30 Depart: Walmart 9:30 Catholic Mass and Communion L 10:00 Chef's Demo – Holiday Cookies 3:30 Mind/Body Exercise, FL 6:30 Penny Bingo FL</p>	<p>159:00 Catholic Word L 9:00 Live 2B Healthy FL 10:00 Tenant Trading Post 10:00 Montessori Singers, FL 2:00 Happy Hour by: Scott Engledow, CDR Snack: Meatballs 4:00 – 6:00 "Yes, Summit Pointe, There IS a Santa Claus"* FP</p>	<p>16 10:00 Sit and Be Fit DVD FL 11:00 Adult Coloring Time FL 1:00 Depart to "Three Nuts for Cinderella"* 2:00 Dominoes BDR 6:30 Church service: 1st Methodist Church All Day: Brain Games FD NATIONAL CHOCOLATE COVERED ANYTHING DAY*</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>17 10:45 Depart to Teddy's Barn & Grill for lunch* 1:30 Penny Bingo FL 2:30 Let's Play Pool 3rd Floor 2:30 Christmas Carols by Faith Bible Church*, CDR 6:00 Movie & Popcorn, FL</p>	<p>18 9:00 Catholic Rosary L 9:00 Fall Prevention Exercise FL 10:00 – 12:30 Depart to Movie Monday Classics, Coffee & Donuts* 1:30 Penny Bingo FL 3:30 Live 2B Healthy FL 5:30 Depart to Christmas Light Tour* 6:00 SP Card Club</p>	<p>19 9:30 Depart: Tama Casino 9:30 Church: Pastor Darin FL 10:00 Summit Pointe Choir FL 10:30 Summit Pointe Bells FL 1:00 States/Capitals quiz Game FL 3:30 Chair Yoga with Cyndy Logue – FL 6:30 Tenant Advisory Committee PDR</p>	<p>20 9:00 Sit & Be Fit FL 9:00 Depart: NH Ministry 9:30 Walking Club 1:00 Blue Zone Moai PDR 2:00 Tenant Social Hour FL 2:15 Free Blood Pressure Check 2nd Floor Nurse's Station 3:30 Live 2B Healthy FL 6:30 Movie & Popcorn, FL</p>	<p>21 9:00 Depart: Fareway 9:30 Depart: Fareway 11:00 Depart to Lunch at Lowe Park 1:00 Depart Marion Library 3:30 Mind/Body Exercise, FL 2:00 New Tenant Orientation 6:30 Penny Bingo FL 5:30 Chef's Dinner FL</p> <p>WINTER SOLSTICE</p>	<p>22 9:00 Live 2B Healthy FL 9:00 Catholic Word and Communion Service L 10:00 Tenant Trading Post 10:00 Quilter's Guild*, FL 1:00 New Book Club PDR 2:00 Happy Hour by: Mike Lasak Band, CDR Snack: Hot Pretzels</p>	<p>23 10:00 Sit and Be Fit DVD FL 11:00 Adult Coloring Time FL 1:30 Iowa Ingredient Video, Squash, FL 2:00 Dominoes BDR 6:30 Church service: TBA</p> <p>All Day: Brain Games FD</p>
<p>24/31 1:30 Penny Bingo FL 2:30 Let's Play Pool 3rd Floor 6:00 Movie & Popcorn, "Christmas Eve", FL (24th only) 6:00 Movie & Popcorn, "New Year's Eve", FL (31st only)</p> <p>NATIONAL EGGNOG DAY (24TH ONLY)*</p>	<p>25 3:30 Sit and Be Fit DVD FL 6:00 SP Card Club</p> <p>CHRISTMAS DAY</p> 	<p>26 9:30 Church: Pastor Darin FL 10:00 Summit Pointe Choir FL 10:30 Summit Pointe Bells FL 1:30 Bingo FL 3:30 Chair Yoga with Cyndy Logue – FL 6:30 Summit Pointe Wine Club Meets L</p>	<p>27 9:00 Sit & Be Fit FL 9:30 Walking Club 9:30 Hearing Checks Cedar Rapids Hearing Center PDR 10:00 The Armchair Traveler – Hiking in Spain by Floyd Sanford FL 1:00 Blue Zone Moai group PDR 2:00 Tenant Social Hour FL 2:15 Free Blood Pressure 3:30 Live 2B Healthy FL 6:30 Movie & Popcorn – FL</p>	<p>28 9:00 Depart: Aldi's 9:30 Depart: Aldi's 2:00 Tenant Council FL 3:30 Mind/Body Exercise, FL 6:30 Penny Bingo FL 6:30 Memory Care Support Group PDR</p>	<p>29 9:00 Live 2B Healthy FL 9:00 Catholic Word and Communion Service L 1:00 New Book Club PDR 2:00 Happy Hour by: Dick and Jim, CDR Snack: Birthday Cake</p>	<p>30 10:00 Sit and Be Fit DVD FL 11:00 Adult Coloring Time FL 1:30 Iowa Ingredient Video, Pork, FL 2:00 Dominoes BDR 6:30 church service: TBA</p> <p>All Day: Brain Games FD</p>

Be sure to sign up for the **items highlighted in yellow.**

NOTES:

See the Activity Summary pages in the sign up book for a brief description of many activities listed. Those activities noted with an asterisk(*) have further information on the summary. You will find the Activities Summary in the front of the Sign-In book.