

October 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 1:00 Depart for 'Footloose' at Old Creamery Theatre* (35 miles) 1:30 Penny Bingo FL 2:30 Let's Play Pool 3 rd Floor 6:00 Movie & Popcorn, TBA, FL	2 8:30 Catholic Rosary L 9:00 Fall Prevention Exercise FL 1:30 Penny Bingo FL 3:30 Live 2B Healthy FL 6:00 SP Card Club SP	3 9:30 Church: Pastor Darin FL 9:30 – 10:30 FLU Shots*, PDR 10:00 Depart for Linn Mar Orchestra 10:00 Summit Pointe Choir L 10:30 Summit Pointe Bells FL 2:00 Quality Food Group PDR 3:30 Chair Yoga with Cyndy Logue FL	4 9:00 Sit & Be Fit FL 9:30 Walking Club 10:00 Alpha Bible Study FL 1:00 Blue Zone Moai Gp PDR 1:00 Dr. Parker 2:00 Tenant Social Hour FL 2:15 Free Blood Pressure Check 2 nd Floor 3:30 Live 2B Healthy FL 6:30 Movie and Popcorn, TBA, FL	5 9:00 Depart: Walmart 9:30 Depart: Walmart 11:00 Depart to Wine Trails Tour* 11:00 Depart for Lowe Park Lunch & Learn* 3:30 Mind/Body Exercise FL 6:30 Penny Bingo FL	6 9:00 Catholic Word and Communion Service L 9:00 Live 2B Healthy FL 10:00 Tenant Trading Post SP 1:00 New Book Club PDR 2:00 Happy Hour: Ron Burgess - CDR Snack: Fried Pickles WORLD SMILE DAY*	7 10:00 Sit and Be Fit DVD FL 11:00 Adult Coloring Time - FL 10:00 IA/IL Football Tailgate & Game – Homecoming Party FL 2:30 Dominoes sp 6:30 Church service: Matthew W.
8 1:30 Penny Bingo FL 2:30 Let's Play Pool 3 rd Floor 3:00 Depart to "Across Iowa Towns – Palo & Pleasant Creek Park" (15 miles) 6:00 Movie & Popcorn, TBA, FL CULINARY RECOGNITION WEEK	9 8:30 Catholic Rosary L 9:00 Fall Prevention Exercise FL 10:00 Garden Club Meeting FL 1:30 Penny Bingo FL 3:30 Live 2B Healthy FL 6:00 SP Card Club SP	10 9:30 Church: Pastor Darin FL 10:00 Summit Pointe Choir L 10:00 Depart for Dollar General 10:30 Summit Pointe Bells FL 1:00 Chef's Demo By Chef Rachel FL 1:00 Men Depart to Fat Wally's Pool Hall* 3:30 Chair Yoga with Cyndy Logue FL	11 9:00 Sit & Be Fit FL 9:30 Walking Club 10:00 Alpha Bible Study, FL 1:00 Blue Zone Moai Gp PDR 2:00 Tenant Social Hour FL 2:15 Free Blood Pressure Check 2 nd Floor 3:30 Live 2B Healthy FL 6:30 Movie and Popcorn, TBA, FL NATIONAL ANGEL FOOD CAKE DAY*	12 9:00 Depart: Fareway 9:30 Depart: Fareway 9:30 Catholic Mass and Communion L 2:00 Depart to Czech Feather & Down Tour* (15 mi) 3:30 Mind/Body Exercise FL 6:30 Penny Bingo FL	13 9:00 Catholic Word and Communion Service L 9:00 Live 2B Healthy FL 10:00 Tenant Trading Post SP 10:00 Holiday Glass Pins & Ornament Workshop* - FL 1:00 New Book Club PDR 2:00 Happy Hour: David Poggenklass – CDR Snack: Deviled eggs	14 10:00 Sit and Be Fit DVD FL 11:00 Adult Coloring time FL 1:30 Iowa Ingredient Video, Melon - FL 2:30 Dominoes BDR 3:30 Movie & Popcorn, TBA, FL 6:30 Church service: Jackson DeFrees All Day: Brain Games FD
15 1:30 Penny Bingo FL 2:30 Let's Play Pool 3 rd Floor 3:00 Depart to "Across Iowa Towns – Ely" (15 miles) 6:00 Movie & Popcorn, TBA, FL	16 8:30 Catholic Rosary L 9:00 Fall Prevention Ex, FL 10:00 Library Meeting- L 10:30 "Knit, Crochet and Chat", SP 1:30 Penny Bingo FL 2:30 Iowa Accordion CDR* 3:30 Live 2B Healthy FL 6:00 Card Club SP 6:30 Depart to Community Concert Association, "Anderson Brothers Jazz Combo"*	17 9:30 Depart to the Isle Casino in Waterloo 9:30 Church: Pastor Darin FL 10:00 Summit Pointe Choir FL 10:30 Summit Pointe Bells FL 1:00 Depart to Fern Hill Gifts & Quilts for Quilter's Guild* (23 miles) 3:30 Chair Yoga with Cyndy Logue FL 6:30 Tenant Advisory Council, PDR 7:00 Depart for Eastern Iowa Airport to welcome Van & Marv*	18 9:00 Sit & Be Fit FL 9:00 Depart NH Ministry 9:30 Walking Club 10:00 Alpha Bible Study FL 1:00 Blue Zone Moai Group PDR 2:00 Tenant Social Hour 2:15 Free Blood Pressure Check 2 nd Floor Nurse's Station 3:30 Live 2B Healthy FL 6:30 Movie and Popcorn, TBA, FL	19 9:00 Depart: HyVee 9:30 Depart: HyVee 10:00 Lug A Mug at Summit Pointe 2:00 Tenant Orientation* CDR 3:30 Mind/Body Exercise FL 5:30 Chef's Dinner-"An Elegant Dinner Under the Harvest Moon"* FL 6:30 Penny Bingo BDR	20 9:00 Catholic Word and Communion Service, L 9:00 Live 2B Healthy FL 10:00 Tenant Trading Post SP 10:30 Eastern Iowa Honor Flight Presentation by Van and Marv*, FL 2:00 Happy Hour by Scott Engledow – CDR Snack: Pretzels and M&M's	21 10:00 Sit and Be Fit DVD FL 11:00 Adult Coloring Time FL 11:30 Depart for Riverboat Twilight* Time TBA IA/Northwestern Football Tailgate & Game FL 2:30 Dominoes BDR 6:30 Church service: 1 st Methodist Church All Day: Brain Games FD

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>22 1:30 Penny Bingo FL 2:30 Let's Play Pool 3rd Floor 3:00 Depart to "Across Iowa Towns – Martelle" (15 miles) 6:00 Movie & Popcorn, TBA, FL</p>	<p>23 8:30 Catholic Rosary L 9:00 Fall Prevention Exercise 10:00 Prescription Drug Disposal Session by Martin Health Services Pharmacy* FL 1:30 Penny Bingo FL 3:30 Live 2B Healthy FL 6:00 SP Card Club SP</p> <p>NATIONAL NUT DAY*</p>	<p>24 9:30 Church: Pastor Darin FL 10:00 Summit Pointe Choir FL 10:30 Summit Pointe Bells FL 11:00 Depart for PCI Lunch, Are Cognition & Hearing Linked? 2:00 LaLa Singers FL 3:30 Chair Yoga with Cyndy Logue – FL</p>	<p>25 8:15 Cedar Rapids Hearing Visit FL 9:00 Sit & Be Fit FL 9:30 Walking Club 10:00 Alpha Bible Study FL 1:00 Blue Zone Moai PDR 2:00 Tenant Social Hour FL 2:15 Free Blood Pressure Check 2nd Floor Nurse's Station 3:30 Live 2B Healthy FL 6:30 Movie & Popcorn, TBA – FL</p>	<p>26 9:00 Depart: Fareway 9:30 Depart: Fareway 10:30 Depart to Youngville Café for lunch* 36mi 2:00 Tenant Council FL 3:30 Mind/Body Exercise FL 6:30 Penny Bingo BDR 6:30 Memory Care Support Group with Alzheimer's Association FL</p>	<p>27 9:00 Live 2B Healthy FL 9:00 Catholic Word and Communion Service L 10:00 Tenant Trading Post 10:00 Make Bird Feeders for the Bazaar*, FL 1:00 New Book Club PDR 2:00 Happy Hour by Mike Lasack Band - CDR Snack: Birthday Cake</p>	<p>28 10:00 Sit and Be Fit DVD FL 11:00 Adult Coloring Time FL Time TBA IA/MN Football Tailgate & Game FL 2:30 Dominoes BDR 3:30 Movie & Popcorn, TBA-FL 6:30 Church service to be Announced All Day: Brain Games, FD</p>
<p>29 1:30 Penny Bingo FL 2:30 Let's Play Pool 3rd Floor 2:30 "This is Your Life-Betty Rutherford" 3:00 Depart to "Across Iowa Towns – Toddville" (10 miles) 6:00 Movie & Popcorn, "TBA, FL</p>	<p>30 8:30 Catholic Rosary L 9:00 Fall Prevention Exercise FL 1:00 – 3:00 Birthday party for Van VanSickle* FL 1:30 Penny Bingo, PDR 3:30 Live 2B Healthy- FL 6:00 Card Club SP 6:00 Trick or Treating for Kids/Families FL</p>	<p>31 9:30 Church: Pastor Darin FL 10:00 Summit Pointe Choir FL 10:30 Trick or Treating/Costume show by Wee Wisdom Preschool* FL 1:00 Depart to Marion Public Library 2:00 Armchair Traveler by Floyd Sandford, Destination TBA* FL 3:30 Chair Yoga with Cyndy Logue – FL NAT'L CARVE PUMPKIN DAY</p>				<p>SP=Summerset CDR=Carlisle Dining Rm BDR=Brentwood Dining Rm PDR=Private Dining Room FF=Front foyer FL=Fireside Lounge FP= Front Porch BP=Back Patio</p> <p>L=Library, 2nd Floor</p>

Be sure to sign up for the items highlighted in yellow.

NOTES:

See the Activity Summary pages in the sign up book for a brief description of many activities listed. Those activities noted with an asterisk(*) have further information on the summary. You will find the Activities Summary in the front of the Sign-In book.